



Yarn bomber strikes the Secret Bench

"I thought they looked cold," the yarn bomber told Metro. She snapped a photo the following morning. The sculpture itself was a geurilla art work according to .leavivot.com, which says Lea Vivot placed her work in front of the building without permission one night in 1989.

Over the counter drug scare

♠ Misadventure at South Carleton High School leaves pupils sick and tingly



Several students South Carleton High School took an over-thecounter medication and ended up in hospital yesterday.

A school liaison officer called paramedics after students reported feeling ill, said Ottawa police spokesperson Marc Soucy.

"A few students started complaining about mild symptoms, which included some nausea and tingling to the extremities," said Paramedic Service spokesperson Jean-Pierre Trottier.

"They had, earlier in the day, ingested some over-the-counter medication given to them by "Judging by the reaction of some of the parents who were at the scene, they will be asking lots of questions of their children later on this evening."

J.P. TROTTIER, PARAMEDIC SERVICE SPOKESPERSON

another student."

He wouldn't disclose what the students took.

Paramedics checked out seven students. Some had no symptoms and all had normal vital signs, but they were taken to CHEO for a full assessment as a precaution, said Trottier.

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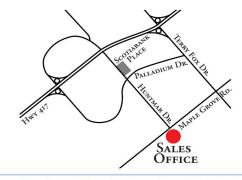


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Six young Canadians including Ottawa's "roque" parliamentary page, Brigette DePape were kicked out of the **UN climate negotiations** in Durban, South Africa, for standing up with slogan-emblazoned T-shirts and turning their backs on federal Environment Minister Peter Kent to protest Canada's inaction on climate change. "I joined with other Canadian youths to turn our backs on Canada because Canada's turned its back on us," DePape said by phone from South Africa. The group was escorted out by security and their accreditation for the conference was revoked. Kent announced this week that Canada would not take on a second commitment to the 1997 **Kyoto Protocol.** IESSICA SMITH



'Rogue' page and others turfed from climate talks

Residents cry foul over 'secret' meeting

• Access-to-info request sparks concern • Controversial South March Highlands project was

to have begun last year • City must now decide on environmental assessment: Councillor



Residents who oppose development in the South March Highlands say they're concerned about developers' influence on city staff after a law student uncovered records of a "secret" meeting at city hall.

"I'm concerned that there's preference being given to the developers, developers with deep pockets. The imbalance of power," said Natalia Crowe, a first-year law student at the University of Ottawa.

Crowe is a member of the Coalition to Protect the South March Highlands. As part of an assignment for her public law class, she requested the draft and final versions of a stormwater management report by engineering firm AECOM Canada, because it concerns the KNL Development subdivision the group opposes.

The final version contains records of an Aug. 15 meeting between city staff, AECOM engineers and members of the IBI Group who consult for KNL. At

that time, the Coalition to Protect the South March Highlands was asking for access to the draft report, but had been refused.

Notes from the meeting show that KNL consultants disputed aspects of the draft report and discussed two potential hurdles to the development — the presence of endangered turtles in the wetland and the need for an environmental assessment.

Mary Jarvis, a spokesperson for KNL, said meetings about draft reports are typical. "As a landowner we would be involved and

"Why are you having secret meetings with the developer when you're withholding the same information from the public?"

PAUL RENAUD, COALITION TO PROTECT THE SOUTH MARCH HIGHLANDS

asked to monitor the progress," she said.

Coun. Marianne Wilkinson, who represents Kanata North, said staff had legitimate reason to meet

with KNL consultants: They had information about the area that the city needs to know. Other citizens aren't typically granted access to draft reports unless they're tabled at a public meeting, because when changes are made in the final draft it creates confusion, she said.

"These are people who have been criticizing the city every step of way. They've taken the city to court. So the city doesn't want to give them any information until they know they've looked at it thoroughly," Wilkinson said.





Health Canada is imploring physicians not to prescribe the drug Avastin for conditions other than cancer, as serious complications have been linked to such off-label use in the U.S. Scan code for story.

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Indonesian police give the force's lip-synching cop the axe. Video at metronews.ca/video



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Hundreds of customers poured into Ottawa's new IKEA yesterday morning to browse the showrooms and try the food.

Some even camped outside the store Tuesday afternoon and into yesterday morning, even though the first official customer had already been there since Friday, living in a Plexiglass box.

Michele Pomerant won a Bob FM radio contest to live inside the box until the opening, which occurred at 8 a.m. today, earning herself a \$10,000 gift certificate.

But that didn't matter to people like David White and Jennifer Aubé.

White plopped himself into a chair at around 12:30 p.m. Tuesday and was later joined by others queued up behind him, including Āubé at around 4

Aubé and about 100 early birds in line won a free Pongo chair, but she didn't want to stop there.

She also wanted to buy furniture items for her bedroom because she likes the design of the IKEA products.

"It's different, everything's unique," she said, minutes before the doors opened. "The lampshades are amazing and you wouldn't find them at any other store."

Mayor Jim Watson, Coun. Rick Chiarelli and Sweden's deputy ambassador helped open the store, but not before singing the Canadian and Swedish anthems during the raising of both countries' flags.

Watson applauded IKEA for adding 100 new jobs to Ottawa and Chiarelli for working on getting the store opened.

The new store — Canada's largest - is more than 425,000 square feet and is 18 times larger than the arena at Scotiabank Place, said IKEA Canada president Kerri Molinaro.

While there was a sizable crowd outside for the opening, it quickly dwindled and many customers exited the store with nothing in their hands.

"It's taken 10 years to get to this stage that's a lot of assembly time required." MAYOR JIM WATSON

Not everyone was impressed, with many on Twitter joking about the

"Dear #Ottawa, it's just Ikea," tweeted Stephanie Dunlop, a communications consultant with Fleishman-Hillard.

Madeleine Lowenborg-

Frick, IKEA Canada's public-relations manager, had anticipated on Tuesday that about 13,000 customers would show up on opening day. It's yet to be seen if the estimate was borne out.

With 640 seats inside the new restaurant section, it's possible some customers may have lined up to get their hands on some gift certificates and a hot breakfast.

One of the first, if not the first, sale at IKEA was a plate of French toast and, oddly, a cinnamon Danish.

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Ottawa stands in for Big Apple in new flick

♠ Michael Keaton coming to Ottawa in January to film his scenes for Penthouse North ♠ Local extras star as New Yorkers in thriller



Hollywood star Michelle Monaghan was knocked down by a cyclist at the corner of Metcalfe and MacLaren streets yesterday afternoon, but it was all an act.

Local film company Zed Filmworks started filming the thriller, Penthouse North, in Ottawa yesterday. The movie stars Michael Keaton, Michelle Monaghan, and Barry Sloane and is slated to come out next year.

Monaghan recently starred in another thriller called Source Code and played Robert Downey Jr.'s wife in the comedy Due Date.

Police closed part of Metcalfe Street for a few hours while a crew shot a scene in which Monaghan, playing a blind woman, gets knocked over by a cyclist on a Brooklyn, N.Y., street on New Year's Eve. The scene also introduces Sloane's character as he helps Monaghan to her feet.

Monaghan plays a photojournalist living in a New York penthouse when a sadistic criminal looking for a hidden fortune enters her life.

Zed Filmworks president Robert Menzies



chose the Mayfair apartment building on Mac-Laren Street because it had a New York feel, he said.

"What's great about our downtown core is we got these brownstone buildings, which are sort of the war-era," said Menzies. "While we don't have the height, as long as we only see ground level we can actually match with shots in New York City.

"The audience will have no clue that this was being shot here in Ottawa."

He also said it's a great moment for Ottawa's film industry. Last year the firm brought Jennifer Lawrence here to shoot The House at the End of the Street, which will hit theatres in April.

He said he was adamant about hiring locals to work on this latest film.

"We're also dumping a lot of money into the economy across a variety of different sectors, from hotels to lunch catering, purchases," he said.

Part of the cast is local, too. Thomas Ielo, 21, was cast to star as an extra in yesterday's scene alongside his brother, Bruno, 28. They said it was fun to act just a few feet away from Monaghan and Sloane, even though they didn't meet them and had to redo their scene several times.

"It was fantastic," said Thomas. "It was a great opportunity to take part in this."











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LABOUR INVESTIGATION

School board faces charges for explosion

The Ottawa Catholic School Board is facing a charge from the Ottawa Fire Services in relation to the explosion at Mother Teresa Catholic High School in May - a blast that killed 18-yearold Eric Leighton.

The board faces a charge for welding or cutting operations

undertaken in a totally closed container, according to fire officials. The charge was first laid July 17 and could lead to a maximum fine of \$100,000.

Lawyers are expected to return to court Monday following a preliminary hearing in the summer. A spokesperson for the Ontario Ministry of Labour said their investigation is under review. Mardi de Kemp, communications officer for the school board, refused to comment yesterday. • metro

A home for the holidays

Homeless families in Ottawa will be able to move into a six-unit apartment building this holiday season, thanks to a group of volunteers who donated the co-ordination, design, construction and furnishings for a new facility over the last two years.

"The workers hired by PCL to develop the Ottawa Convention Centre, along with GBA Development and Project Management, the Ottawa Building and Trades Council, and others, co-ordinated an effort to demolish a crumbling apartment at 245 Crichton St. in New Edinburgh, and build a new, accessible

10,502^{There} 10,502 households on the City of Ottawa's social-housing waiting list at the end of 2010.

apartment building that can accommodate six local families in need of a home and community," wrote Kathryn Hendrick, a volunteer with the project, in a news release.

Labour, material and administration of the project were all donated, she said.

Hendrick said in the release the facility will open in time for Christmas to six homeless families.

Residents kick up some dirt on Michele Park

• Complaints of poor lighting, crime, garbage, drugs, needles in park



Bay Ward Coun. Mark Taylor vowed to clean up Michele Park and make the area safer after a small group of angry residents held a protest there on Tuesday.

Residents said there isn't enough lighting on streets at night and are worried about gang violence and garbage in and around the playground.

ACORN Ottawa, a nonprofit organization that advocates for low-income families, organized the

"Let's try to and figure out together the things you would like to accomplish and do them in a short (time)."

BAY WARD COUN. MARK TAYLOR

"As you can see, the garbage laying around that's a big issue," said Jessica May, a mother of two who lives near the park.

We don't know what's in the sand. I've discovered needles, I've discovered joints.

"It's just not safe."

Taylor reassured residents that he will address issues such as lighting, garbage and recycling receptacles, and maintenance of the park.

But he also requested that the community take an active role in improving the conditions of the

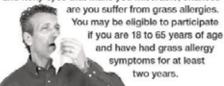
Taylor encouraged the community co-ordinator for the area to attend his upcoming bi-monthly meeting in January to address residents' biggest concerns.



Do you suffer from **GRASS** allergies?

Kanata Allergy Services, in conjunction with Kingston General Hospital, is looking for people to participate in a study about an investigational drug for grass allergies.

If you sneeze from May to mid-July and have a runny nose and itchy eyes that make you miserable, chances



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Police sticking with their dogs

Gatineau police dispelled rumours yesterday that they would discontinue having their own dog handlers and would instead call upon the services of the Sûreté du Québec in the future.

In fact, a competition to fill two positions in the canine unit will be posted as soon as possible the force said in a press re-

If the process goes as planned, the force will have the new employees in place by the end of the summer of 2012, the force said.

Training courses have already been reserved with the Montreal (SPVM).

The courses last more than 20 weeks, the force

METRO



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Cops hope credit charges will foil robber

• Police release security-video stills in hopes that public will be able to identify suspects in string of break-ins

Security-video footage of a man and a woman police say were using a stolen credit card could help crack a string of break-ins in the east end of Ottawa.

Police released stills of the security video vesterday in the hopes the public could identify the suspects, who are believed to be accomplices.

Since Oct. 8, there have been seven daytime residential break-ins in Blackburn Hamlet.

The suspect enters homes through the rear of the home and targets jewelry and small portable electronics, police say.

An image was captured at an RBC bank when a credit card stolen in one of the break-ins was used. The suspect is described as white, five-foot-ten, with a thin build and

short dark hair.

A photo of a woman using the same stolen credit card has also been obtained through video surveillance.

Anyone with information is asked to contact Detective Robert Reeve of the break-and-enter section at 613-236-1222 ext. 3436 or Crime Stoppers at 613-233-8477 (TIPS) or toll free at 1-800-222-8477.

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Fight for human rights through written words

Write-a-thon celebrates Amnesty International's60th anniversary ○ Event runs tonight 5 p.m.-8 p.m.



Ottawans can celebrate their freedoms and help bring human rights to others tonight when Amnesty International hosts its Write-a-thon.

Celebrating its 60th an-

niversary, Amnesty is holding a gathering for the public at the Canadian Museum of Nature, where it will highlight human-rights abuses and encourage attendees to write letters demanding various authorities and entities clean up their act.

"It's kind of a party with

a purpose," said Hala al-Madi, a community fundraiser with Amnesty.

The event runs from 5-8 with snacks, drinks and musical entertainment. Performers include punk rocker Jenny Woo, blues singer Terry Gilespie, local choral troupe Shout Sister and a classical string quartet.



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James pleads guilty to sex abuse

◆ Former junior hockey coach to be sentenced on Feb. 22 ◆ Ex-player Fleury says damage has been done

It was another dark moment in one of the blackest chapters in Canadian hockey.

Former junior coach and convicted sex offender Graham James pleaded guilty yesterday to sexual assaults involving two of his former players, including NHL star Theoren Fleury. A soft-spoken, emotionless James entered the plea in a Winnipeg courtroom via video link from Montreal.

The disgraced coach was originally facing nine charges of sexual assault involving three players between 1979 and 1994, but only pleaded guilty to charges involving Fleury and another victim, whose name remains under a court-order publication ban.

Charges related to a third complainant, Greg Gilhooly, were stayed.

At a news conference in Calgary, Fleury criticized

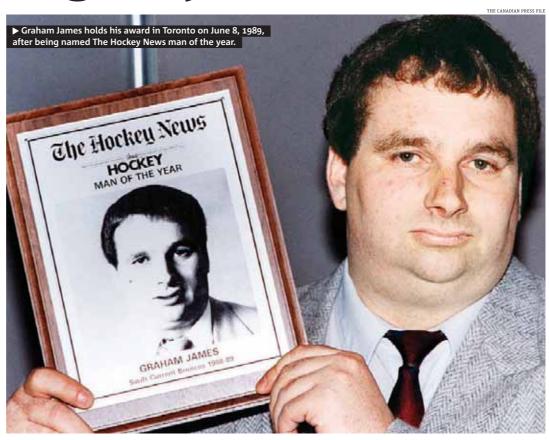


"I believe what people show me—he showed me he was and is a rapist. There is no changing a monster like that."

the justice system for how it handled the James case.

"Graham James pled guilty years ago, and then he was granted a pardon after he was found in Mexico and brought back to Canada on these charges," he said.

THE CANADIAN PRESS



Perimeter pact initiatives still years away

Key features of the Canada-U.S. perimeter-security pact — including a controversial new entry-exit system for crossing the 49th parallel — are three to four years from seeing the light of day.

The 29-point deal and

an accord on regulatory reform aim to streamline trade while protecting the continent from terrorist attacks and other security threats by aligning approaches and screening more people and cargo before they arrive in North

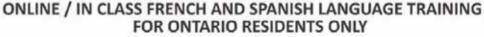


America.

"These agreements create a new, modern border for a new century," Prime Minister Stephen Harper said at a formal ceremony in Washington, alongside U.S. President Barack Obama.

"The key that locks the door to terrorists also opens a wider gate to cross-border trade and travel."

Critics of the perimetersecurity initiative argue it puts Canadian sovereignty at risk. THE CANADIAN PRESS





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China police crack child-trafficking rings

Chinese police arrested 608 suspects and rescued 178 children in busts of two separate child-trafficking networks, authorities said yesterday.

The Ministry of Public Security said prosecutors were preparing cases against the suspects, suggesting charges have yet to be filed.

Its statement posted on-

line said 5,000 police across 10 provinces co-operated for six months on the investigation and moved in to arrest the suspects last week.

Child trafficking is a big problem in China, where traditional preference for male heirs and a strict onechild policy has driven a thriving market in baby boys, who fetch a considerably higher price than girls. Girls and women also are abducted and used as labourers or as brides for unwed sons.

Tens of thousands of children go missing every year, though the exact numbers of victims are difficult to obtain.

The rescued children will be put into orphanages while authorities try

to reunite them with their families, the ministry said. It didn't give the age range of the abducted children or other specifics.

State broadcaster CCTV aired footage showing female police officers cradling babies in their arms. The footage also showed more than a dozen suspects handcuffed and escorted by officers, or

lined up outside a building in Fujian province. Families who bought trafficked children would be forbidden from keeping them, a ministry official told CCTV.

The statement said police have rescued 18,518 children and 34,813 women since it started a human-trafficking campaign in 2009.

THE ASSOCIATED PRESS

7,000
gangs or rings that sold women or children were cracked by the police since it started a special campaign against human trafficking in April 2009.

Syrian president denies fault

▶ In interview, he laughs off question about whether he feels guilt for the deaths of 4,000 Syrians

Syrian President Bashar Assad said in a rare interview broadcast yesterday that he never ordered the brutal suppression of the uprising in his country and insisted only a "crazy person" would kill his own people.

"I did my best to protect the people," he told ABC's Barbara Walters during an interview at the presidential palace in the Syrian capital, Damascus. "You feel sorry for the life that has been lost, but you don't feel guilty when you don't kill people."

Assad, who commands Syria's armed forces, has sealed off the country to most outsiders while clinging to the allegation that the uprising is the work of foreign extremists, not true reform-seekers aiming to open the authoritarian political system.

The United Nations and

"No government in the world (kills) its people unless it is led by a crazy person."

BASHAR ASSAD, SYRIAN PRESIDENT

others dismiss that entirely, blaming the regime for widespread killings, rape and torture. Witnesses and activists inside Syria describe brutal repression, with government forces firing on unarmed protesters and conducting terrifying house raids in which families are dragged from their homes in the night.

"They're not my forces,"
Assad responded when asked if Syrian troops had cracked down too hard on protesters. "They are military forces (who) belong to the government. I don't own them."

THE ASSOCIATED PRESS



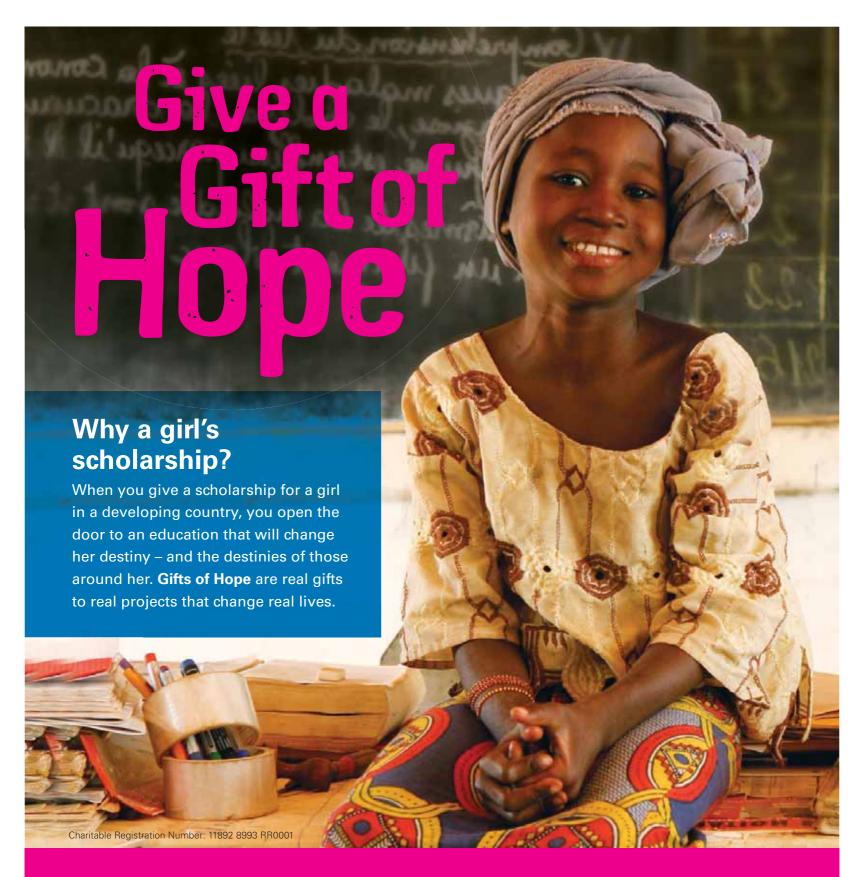
Assad's defence weak: Expert

Murhaf Jouejati, a Syria expert at George Washington University, said Assad's interview was both "defiant and delusional."

"He is the commander-in-chief of the armed forces," Jouejati said. "To say that the security forces do not have orders to kill or to brutalize the people — that it's maybe the mistake of some bad apples — is not a response."

But he said stonewalling was not a surprise, given the regime's actions in the past. "If he is not responsible, then we don't know what he is doing in the presidency." THE ASSOCIATED PRESS









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Woman accused in Gadhafi plot

Mexico savs Ontario woman led plan to sneak in late dictator's son

An Ontario woman has been accused of leading an audacious plot to sneak a son of the late Libyan dictator Moammar Gadhafi and three relatives into Mexico.

The woman, Cynthia Vanier, is being held with three other suspects, said Mexico Interior Secretary Alejandro Poire.

The elaborate plan was to bring to Mexico al-Saadi Gadhafi - known for his love of professional soccer and his run-ins with police in Europe.

The plot was uncovered by Mexican intelligence agents in early September as al-Saadi was fleeing Libya shortly after his father's ouster. He never made it to Mexico, but did reach Niger, where he has been living.

The plotters allegedly jetted into Mexico, opened bank accounts and bought properties meant to be used as safe houses in several parts of the country, including one at a resort on Mexico's Pacific coast.

"The large economic resources which this criminal organization has, or had, allowed them to contract private flights," Poire told a news conference.

A Danish man allegedly served as "the logistic liaison" for the plan, Poire

Mexico made no mention of Moammar Gadhafi himself being involved in the plan. He was killed in Libva on Oct. 20.

The Foreign Affairs department confirmed Vanier's arrest.

THE ASSOCIATED PRESS



The Vanier file

- Cynthia Vanier runs Vanier Consulting, a "practice dedicated to high-risk unconventional mediation work," according to a resumé.
- Vanier worked with Attawapiskat First Nation in the fall of 2009, according to her website.
- Her resumé also cites work with various other aboriginal groups, including Caledonia's Six Nations of the Grand River from 2006 to 2007.
- A woman who answered the telephone at Vanier Consulting in Mount Forest, Ont., would not give her name, and did not respond to requests for an interview.
- "I haven't heard anything about today's matters,' said Vanier's Torontobased attorney, Paul Copeland.





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Occupiers forced to leave camps

Police in San Francisco and Washington, D.C., move in on protesters • San Francisco raid began at 1 a.m.

Police gave protesters at San Francisco's Occupy encampment five minutes to gather belongings before taking down about 100 tents and arresting 70 people as officers dismantled the camp in an overnight

About two dozen officers in riot gear remained at daybreak yesterday, down from more than 100 who carried out the raid. They blocked access to the former camp site as trash crews raked up paper and plastic bottles and removed chairs and other bethat had longings accumulated there over

Injuries

"Most of the protesters went peacefully," but one officer in the San Francisco raid received minor injuries when two people threw a chair that cracked his face shield, said officer Albie Esparza.

Richard Kriedler with Occupy SF said some protesters were injured, but he didn't have the details.

the past two months.

A handful of protesters stood by, occasionally jeering at officers but otherwise heeding their instructions to stay back.

The movement against economic disparity and perceived corporate greed began with Occupy Wall Street in New York almost three months ago, and police have removed Occupy demonstrators there and in a number of other cities.

Also yesterday, police said 11 Occupy protesters were arrested in Washington after several dozen protesters lay down in the centre of a busy downtown intersection on K Street, home to many lobbying

THE ASSOCIATED PRESS

SECURITY FLAW

Facebook founder exposed

A Facebook security flaw revealed this week allowed users to gain access to CEO Mark Zuckerberg's private photos

Facebook blamed a software error in a feature that lets users report inappropriate content. The company said the error was quickly

fixed, but some people were able to view a limited number of other people's photos, even if they were marked as private and meant for a small circle of friends.

The photos show that Zuckerberg, the leader of the world's largest online social network, eats, cooks and likes to spend time with his girlfriend and puppy. And he hangs out with President Barack Obama, if time permits.

The company did not say how many users were affected, or for how long. The associated press

Diver's body identified

The B.C. Coroners Service has identified the body of a scuba diver that was recovered from the Burrard Inlet back in October.

The remains of Peter Devoe, who was wearing a wetsuit and scuba gear, were found entangled in the nets of two commercial fishermen on Oct. 23. Coroner Stephen Fonseca says then 29-year-old Devoe went missing during a dive

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Governor gone bad gets 14 years

▶ Rod Blagojevich pleads for mercy ▶ But judge tells him: 'The fabric of Illinois is torn and disfigured'

A former Illinois governor was sentenced to 14 years in prison yesterday.

Minutes later, Rod Blagojevich's wife, Patti, stood up in court and fell into his arms.

He brushed tears off her cheek and then rubbed her shoulders.

Judge James Zagel said of Blagojevich: "When it is the governor who goes bad, the fabric of Illinois is torn and disfigured and not easily repaired."

Blagojevich was convicted of a wide range of corruption charges — including trying to sell U.S. President Barack Obama's vacated Senate seat to raise campaign cash or



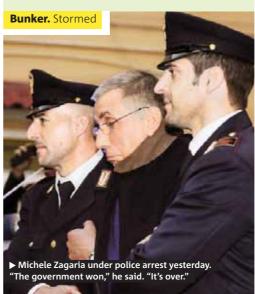
land a high-paying job.

Blagojevich, in a last plea for mercy, tried something he never had before: an apology.

After years of insisting

he was innocent, Blagojevich told the judge he has made "terrible mistakes" and he acknowledged that he broke the law.

THE CANADIAN PRESS



ALVATORE I ARORTA/THE ACCOUNTED BREE

Mobster pried from lair

Police yesterday captured Michele Zagaria, one of Italy's most-wanted mobsters. On the run since 1995, he was found in an underground bunker in his home province of Caserta. Police had located the bunker some time ago and were digging around it. Zagaria watched their progress on closed-circuit TV. He gave up without a fight.

MacKay may sue MPs over heli-fuss

Defence Minister Peter MacKay, pictured, is considering legal action against MPs who accused him of lying about a ride he took aboard a searchand-rescue

helicopter.
MPs have
called on
MacKay to
apologize and
even to resign
over his use
of military re-

of military resources to shuttle him to the airport in Gander, N.L., from a vacation at a remote fishing lodge.

Documents showed some National Defence staff predicted the trip could be perceived badly, with one suggesting the pickup was only to be under the "guise" of a search-and-rescue exercise.

THE CANADIAN PRESS



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Record year for disasters

◆ A dozen U.S. events each caused more than \$1B damage ◆ Includes wildfires, droughts, snowstorms

America's wild weather year has set another record: a dozen billion-dollar catastrophes.

The U.S. National Oceanic and Atmospheric Administration said yesterday that it has recalculated the number of weather disasters passing the billion-dollar mark, with two new ones, pushing 2011's total to 12. The two costly additions are the Texas, New Mexico and Arizona wildfires and the mid-June tornadoes and severe weather.

NOAA uses \$1 billion as a benchmark for the worst weather disasters.

Extreme weather in the U.S. this year has killed more than 1,000 people, according to National Weather Service Director Jack Hayes. The dozen billion-dollar disasters alone add up to \$52 billion in damage. Hayes, a meteorologist since 1970, said he has never seen a year for extreme weather like this, calling it "the deadly, destructive and relentless 2011."

And this year's total may not stop at 12. Officials are still adding up the damage from the Tropical Storm Lee and the pre-Halloween Northeast snowstorm, and so far they are both at the \$750 million mark. And there's still nearly a month left in the year.

Catastrophic

This year's total of a dozen billion-dollar calamities matches the number for all of the 1980s, even when the older figures are adjusted for inflation.

Scientists blame an unlucky combination of global warming and freak chance. They say even with the long-predicted increase in weather extremes triggered by manmade climate change, 2011 in the U.S. was wilder than they predicted. The six large outbreaks of twisters, which were especially deadly this year, can't be attributed to global warming, but increased droughts, heat waves and wildfires are expected to increase with global warming, scientists say. More people are also living in areas that are prone to disasters.

But this isn't just about numbers and records, it's about people, said NOAA Administrator Jane Lubchenco.

"Each of these events is a huge disaster for victims who experience them," Lubchenco said in an email to The Associated Press. "They are an unprecedented challenge for the nation." THE ASSOCIATED PRESS

Incest no biggie for bedbugs

Bedbugs aren't just sleeping with you. They're sleeping with each other.

Researchers now say that the creepy bugs have a special genetic gift: withstanding incest.

It turns out that unlike most creatures, bedbugs are able to inbreed with close relatives and still produce generally healthy offspring. That means that if just a few bedbugs survive in a building after treatment, they repopulate quickly.

Coby Schal and Ed Vargo, of North Carolina State University, presented research on genetic diversity in bedbug populations on Tuesday in Philadelphia, at the annual meeting of the American Society of Tropical Medicine and Hygiene.

"We kept discovering the same thing. Within a given apartment, or even a given building, there was extremely low genetic diversity," said Schal.

THE ASSOCIATED PRESS





Pearl Harbor group disbands

Still 7,000 to 8,000 survivors

○ But about 2,700 are in poor health

Veterans from Pearl Harbor observed the 70th anniversary of the attack yesterday with a solemn ceremony at the site of the Japanese bombing, as an aging and dwindling group of survivors announced it would disband at the end of the month.

"It was time. Some of the requirements became a burden," William Muehleib, president of the Pearl Harbors Survivors Association, said after the ceremony. He added that most of the survivors have realized there are other things they'd like to do at their age.

Survivors will be able to attend future commemoration ceremonies on their own. Local chapters of the group will function as long as they have members and survivors can gather social-

Historical Event

The Japanese attack on Dec. 7, 1941, killed 2,390 Americans and brought the United States into the Second World War.

About 3,000 people, including U.S. Navy Secretary Ray Mabus and military leaders, attended this year's anniversary at a site overlooking the sunken USS Arizona.

ly, but they will no longer have a formal, national organization.

The group's announcement came as President Barack Obama hailed veterans of the bombing in a statement proclaiming yesterday as "National Pearl Harbor Remembrance Day."





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News in brief

Man arrested for UK phone hacking

PRIVACY. British police said yesterday they have arrested another suspect in their investigation of phone hacking by the News of the World, the Rupert Murdoch-owned tabloid shut down earlier this year.

The media identified the 41-year-old man as Glenn Mulcaire, a private investigator who was jailed for hacking into the voicemail messages of royal staff while working for the News of the World.

Arrests made in Italy's organic food fraud

F00D. Italian police have seized 2,500 tonnes of grains, fruits and soy products that were falsely labelled as organic in a food-fraud ring that exported phoney organic products across Europe.

Italy's financial police in Vernoa said seven people were arrested Tuesday in the operation that uncovered the complicity of officials in several cities who were responsible for certifying food as organic.

Police said some of it remained in Italy, but products were also exported to the Netherlands, Germany, Spain, France, Belgium, Hungary, Austria and Switzerland.

THE ASSOCIATED PRESS

India rejects foreign retailers

BUSINESS. India yesterday suspended its plan to open its huge retail sector to foreign companies such as Walmart in a reversal seen as a major capitulation to political opponents that further weakens the administration.

The business community had hailed the initial decision just two weeks ago, and the government and some economists said foreign retailers would bring better prices for farmers and lower prices for consumers.

But opposition parties protested, saying the local mom-and-pop stores that are the heart of Indian retailing would be crushed.

THE ASSOCIATED PRESS

Morningafter pill won't hit shelves

In a surprise move with election-year implications, the Obama administration's top health official overruled her own drug regulators and stopped the Plan B morning-after pill from moving onto drugstore shelves next to the condoms.

The Food and Drug Administration was preparing to lift the age limit yesterday and allow younger teens, who today must get a prescription, to buy it without restriction. That would have made Plan B the nation's first over-the-counter emergency contraceptive. THE ASSOCIATED PRESS

11

Health and Human Services Secretary Kathleen
Sebelius intervened with
the FDA's proposal at the
11th hour, deciding that
young girls, as young as
11 shouldn't be able to
buy the pill on their own.



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Ottawa offers some evacuations

• Minister indicates willingness to retrofit sportsplex and healing centre as short-term accommodations on northern Ontario reserve

The government is prepared to evacuate some residents of a northern Ontario reserve until better housing can be brought in, the Aboriginal Affairs minister says.

The other immediate solution to the reserve's housing shortage would be to retrofit a sportsplex and a healing centre as shortaccommodations, Duncan told Attawapiskat Chief Theresa Spence in a letter sent yesterday.

Duncan said an assessment of the community suggests 15 modular homes would address the needs of families currently living in shacks and tents.

Duncan said the manager is prepared to buy the homes immediately so they can be delivered as soon as the winter roads

Evacuation or the retrofit are two options for the interim, he said.

"I again cannot stress enough the need to work with the third party manager, our government and our partners to ensure the health and safety of the community," Duncan wrote.

"I believe the two options above are fair and reasonable offers."

Ottawa removed the band's power over its own finances last week. But on Monday band members told the government-appointed manager to leave the reserve.

It remains up to the band to accept or reject the offered solutions. Spence was not immediately available for comment.

THE CANADIAN PRESS



NDP view

NDP Leader Nycole Turmel savs aettina winter supplies to Attawapiskat won't be easy, and military support is needed, given the extreme weather and lack of a road into the community.

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Quebec aboriginal communities

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More than a dozen generators will be used to provide power in two northern Quebec aboriginal communities that are coping with frigid

temperatures.

PHARMA MEDICA

A power outage occurred Monday in Chisasibi and Wemindji in the province's powerproducing heartland, off the east coast of James

About 5,200 people were left in the dark ini-

The kind of winter you're in for depends entirely on which side of the country you live in, but take heart,

Canada — it's not expected to be a particularly bru-

Residents of Western Canada should hunker down for a colder-thannormal winter while those on the East Coast can look forward to a milder season, according to predictions for the country from meteorologists at Ac-

tal season.

cuWeather.

THE CANADIAN PRESS

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Northern and central Trapper rescued after two weeks

But when it comes to

snow, the residents of On-

tario and Quebec should

ready their shovels for a

little more of the white

stuff than normal.

A trapper stranded for more than two weeks in northern Saskatchewan has returned home safe.

Mounties used a helicopter to rescue 63-yearold Phillip Bear from his remote cabin on Reindeer Lake.

Ontario can expect heav-

ier-than-normal snowfall

while southwestern parts

of the province are predict-

ed to have milder tempera-

tures, which could lead to

more rain.

Extra-heavy snowfall predicted for Ontario

► A man walks past the Calgary, Alta., skyline during a deep freeze on Jan. 31.

community of Southend in a boat on Nov. 10 and was supposed to return four days later.

don, Sudbury and North Bay will likely see a stormier, snowier winter, but it won't be that frigid, experts say.

Ottawa, Toronto, Lon-

THE CANADIAN PRESS

Bear left his home

But the lake froze and he was unable to get back.

His worried family contacted RCMP, and officers flew into the area on

Officers say they found Bear warm and healthy. THE CANADIAN PRESS

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Smartphones are vulnerable • Mobile devices are attractive targets for data theft

Third-party apps can open door for malware

Cybercrimes are becoming more mobile.

As more smartphones and tablets are being used, cyber-thieves aren't just targeting personal computers to steal information for financial gain, say antivirus security experts.

"With the proliferation of mobile devices, that's just where the next threat landscape is going," Symantec's Lynn Hargrove said of what's expected in cyberspace in 2012.

"More people will have a mobile phone or a mobile device than a PC," she said.

Young men between the ages of 18 and 31 are targets because of the large amount of time they spend online every week, said Hargrove, director of con-

Other threats

David Craig of PwC Canada says there are other ways to exploit personal data for financial gain or embarrassment.

- **Electronic medical** records, often stored on patients' devices, are vulnerable.
- Any machines connected to the Internet — from smart TVs to gaming systems to smart meters and home-security systems and even wireless printers are open to attack.

sumer solutions for Symantec Inc. Known as the "millennium males," they spend more than 49 hours

online a week, she said. "They're accessing the Internet everywhere," Hargrove said. "They're big on using free Wi-Fi.

Google's Android operating system, used in smartphones and tablets by manufacturers such as Samsung, HTC and Motorola, is vulnerable, experts

Mobile malware is on the rise, especially with the Android devices, said Doug Cooke, director of sales engineering at McAfee Canada. Cooke warned against users downloading Android apps from third-party marketplaces, noting that malware writers can take an existing app and embed their own code in it.

THE CANADIAN PRESS

Stolen puppies recovered

Police say the final two British bulldog puppies that were stolen from a pet store in Aiax, Ont., have been recovered and a suspect faces charges.

Police say someone forced their way into The Puppy Store early Monday and made off with the four

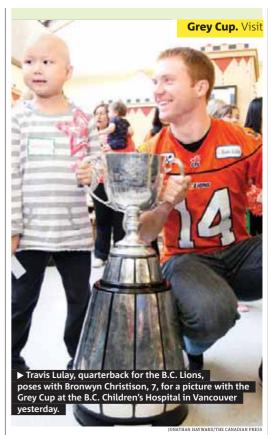
Investigators located one of the pups — valued at \$2,000 each — for sale on the Internet website Kijiji.

That led to the arrest of two people at a Toronto restaurant and the recovery of one puppy. A second puppy was found later Tuesday during a raid on an Ajax home.

Police say the final two puppies were recovered Tuesday night in Toronto.

Iames Colley, 37, of Aiax, is charged with break-andenter offences, possession of property obtained by crime and driving while under suspension. A second person was released without charges.

THE CANADIAN PRESS



Meeting someone special

The Lions won 34-23 over the Winnipeg Blue Bombers on November 27 in Vancouver.



News in brief

Austria amends anthem

VIENNA. Austria's national anthem now pays homage not only to the country's great sons but also to its favoured daughters.

Parliament voted yesterday to accept two text changes to the hymn.
"Home you are to great sons" is being replaced by "Home to great daughters and sons," while "brother choirs" has been amended to "choirs of joy." The change goes into effect Jan. 1.

THE ASSOCIATED PRESS

Maritimes braces for 'weather bomb'

HALIFAX. Residents of the

Maritimes are being warned to brace for the arrival today of a so-called weather bomb.

Meteorologist Tracey Talbot of Environment Canada says wind speeds between 70 and 100 kilometres per hour are forecast for northern Nova Scotia, P.E.I. and northern New Brunswick, where snowfall warnings have also been issued.

THE CANADIAN PRESS

More charges laid in cup riot

VANCOUVER. Police say charges have been approved against two more people suspected of participating in Vancouver's Stanley Cup riot last Iune.

Insp. Les Yeo says the latest charges, which include participating in a riot and mischief, are against 19- and 20-year-old men, one from Scurrey and one from Coquitlam.

THE CANADIAN PRESS

Singing cop gets pink slip

• YouTube lip-sync star sings his last song with Indonesian police force

First, Indonesian police were angry about a young cop's YouTube lip-synching antics. Then, they championed him for softening the image of an unloved force. Now, after he put stardom over police duty, Norman Kamaru has been fired.

"Who does he think he is?" a clearly frustrated police spokeswoman, Lt. Col. Lisma Dunggio, said yesterday from his hometown. "What made him famous was his uniform."

But the 26-year-old Kamaru told reporters he wanted to give singing a real shot. And he wasn't afraid of failure.

The video of Kamaru trying to lift the spirits of a heartbroken colleague by shimmying and lipsynching to the Bollywood hit Chaiyya Chaiyya went viral in April.

Different tune

- Kamaru, who has a pierced tongue, said it was a relief to be rid of his crisp, khaki uniform. "I always had to behave," he told the English-language Jakarta Post.
- ➤ Kamaru told reporters he wanted to try to sing. And if it didn't work out, he's not concerned: "There are many jobs out there," he said. "I could always be a motorcycle taxi driver."

Initially, the top brass was furious. But that changed when the public rallied to support the charismatic young officer.

As a new, unexpected asset to the force — widely considered one of the country's most corrupt institutions — Kamaru started appearing regular-

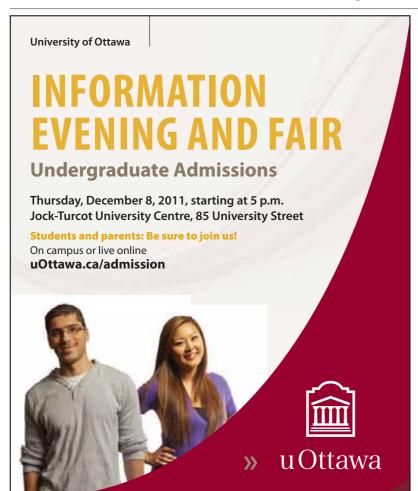


ly on TV talk shows in full uniform.

With a \$100,000 record deal in his pocket, Kamaru told his bosses he wanted out. They said no. And he stopped coming to work

Saud Usman Nasution, spokesman for the national police, said Kamaru was dishonourably discharged on Tuesday.

THE ASSOCIATED PRESS





Solar cheaper than we think: Research

• Queen's prof estimates that the clean energy can be had on the global market for less than \$1 per watt

A Queen's University professor says the public is being kept in the dark about the viability of solar energy.

Joshua Pearce of the Kingston, Ont., university's department of mechanical and materials engineering says many analysts project a higher cost for solar ener-

But Pearce says they aren't considering recent technological advancements and price reductions.

Pearce says he believes solar systems are near the "tipping point" where they can produce energy for about the same price of other traditional sources of energy.

Pearce makes the comments in releasing a study co-written by students published in the December edition of Renewable and Sustainable Energy Reviews.

Pearce has created a calculator program available for download online that can be used to determine the true costs of solar energy.

Analysts look at many variables to determine the cost of solar systems for consumers, including installation and maintenance costs, finance charges, the system's life expectancy and the amount of electricity it generates.

THE CANADIAN PRESS





A big Apple in the Big Apple

One of the world's largest Apple stores is opening at the landmark 140-year-old Grand Central Terminal train station in New York City. The 23,000-square-foot outlet will open its doors to the public on Friday.

RIM forced to change BBX name

Research In Motion is being forced to change the name of its new BBX smartphone operating system after the company lost a trademark ruling in the United States.

The name change marks another setback for the Waterloo, Ont.-based tech company, which has been hyping the new system for months.

A U.S. court ruled that the name BBX has already been trademarked by a software company in New Mexico.

RIM said on its Twitter account that "BlackBerry 10" will be the official name of the next-generation platform that will power future BlackBerry smartphones.

RIM is expected to release a new generation of BlackBerrys early in 2012 that run on the new operating system.

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ONLINE ENTERTAINMENT

Netflix CEO predicts rebound

To hear Netflix CEO Reed Hastings tell it, the bone-headed decisions that have dragged down the Internet's leading video-subscription service during the past five months eventually will be forgotten like a bad movie made by a great film

Shaking off the stigma of a massive flop won't be easy, a challenge Hastings acknowledged late Tuesday when he spoke at a UBS investor conference in New York. After his host mentioned the mystique surrounding Hastings as Netflix's fortunes soared a year ago, Hastings quipped: "Now, it's just pity."

The self-deprecating humour prefaced a 45minute treatise on why Hastings believes Netflix will overcome its recent adversity and remain at the forefront of a shift that increasingly will turn watching Internetdistributed video into one of the world's most popular pastimes. This comes as high-speed connections, mobile devices and more sophisticated televisions become commonplace.

His long-term vision calls for Netflix to be selling Internet video subscriptions at prices starting at \$8 per month in most markets outside of China

"If you fundamentally believe Internet video will change the world in 20 years, we are the leading player on that basis," Hastings boasted. He quickly added a caveat: "As long as we don't shoot ourselves in the foot anymore."

THE ASSOCIATED PRESS

Europe faces holiday gloom

Austerity affects celebrations, spending in cities across the region

The streets of downtown Lisbon are usually ablaze with Christmas lights around this time — but this year the city has put on a sombre show that matches the sombre mood of austerity

The Yuletide gloom is seen across Europe's crisishit southern rim, as Athens and Madrid also dim the Christmas lights in a sign of how anxious countries have become about the future.

In Lisbon, the city council has cut its festivities budget to \$200,000 this year, leaving main streets

short on Christmas spirit.

The frugality has inspired ingenuity. Artists invited to help Lisbon look more festive have strung up multi-coloured umbrellas with flashing lights over busy Chile Square. Across town, passersby are being given sparkling lapel pins to provide their own Christmas lighting.

In Athens, authorities are mending their ways after the lavish spending of past years. City officials say their outlay for the holidays will be one-tenth of last year's, at \$270,000.

In struggling Spain,

Artist Miguel Braganca, right, shows his puppets to shopper Mariana Correa at a Christmas market in Lisbon, Portugal on Monday.

Madrid has also scaled back its seasonal spending (at a still-impressve budget of \$3.35 million), making do with some of last year's decorations along city avenues and using fewer lightbulbs. THE ASSOCIATED PRESS

BP cited for additional violations in Gulf oil spill

Federal regulators have issued a second set of violations against BP for activities related to the 2010 blown-out well that

led to the deaths of 11 rig workers and the worst offshore oil spill in U.S. history. The five violations issued yesterday claim BP failed to conduct an accurate pressure integrity test and failed to suspend drilling operations in the Gulf of Mexico "when the

safe drilling margin identified in the approved application for permit to drill was not maintained."

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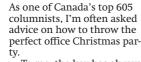


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HOW TO HOST AN OFFICE CHRISTMAS PARTY

HE SAYS ...

JOHN MAZEROLLE METRO



To me, the key has always been to think about fun and merry-making, so that you can avoid those things whenever possible.

You don't want to get sued, do you? As most holiday partygoers know, parties have changed over the years from alcohol-fuelled blowouts where you might

see Barb the secretary drink Kahlua from a shoe, to glorified potlucks where the wildest thing is the Worst Christmas Sweater contest

Nowadays everyone seems scared, rightly or not, that they'll get sued if a partygoer drinks too much and goes all Darwin Awards on them. We, as hosts, fear our own guests' stupidity. (Eventually a drunk driver will sue the descendants of Sir Isaac Newton, whose famous forebear was reckless enough to have discovered the laws of motion, which have caused us all so much harm.)

My usual advice for the Christmas-party problem is to take extra precautions: serve alcohol, but only responsibly; get everyone to sign waivers (make sure the pencils aren't too sharp!); and place written warnings throughout the party explaining the possible danger represented by each item, including co-workers.

But this year I'm advocating something different, mostly because I want to see how it works out. This year, you should throw a party so wild that everyone will either forget what happened or be too embarrassed to bring it up, let alone sue.

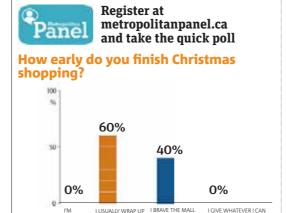
John's unethical office-party tips:

- Start by picking a party theme. Tequila or Rum are two good ideas to get you started.
- Don't be concerned with unnecessary party frivolities, such as food.
- Spike everything, including the non-alcoholic beer. It's Christmas.
- As guests arrive, tell them it's a "social mixer" and seat them in unusual pairings for example, your coworker's husband with the blond intern, or Ms. Phillips in finance with the mail boy. Playfully point out the mistletoe over each spot.
- Provide a gift bag that includes a game of Twister, several lampshades and a pair of Santa-themed underpants.
- For the coup de disgrace, supply everyone with disposable cameras.
- As people are stumbling out the door, provide them with "door prizes" containing a perfume- or colognestained handkerchief, a napkin with a phone number on it and a strand of blond hair.

If all goes well (how could it not?), everyone will have the time of their life and never speak of it again.

Oh, and if something horrible and/or tragic happens because of my idea, then remember your legal recourse. Sue Isaac Newton.

 ${\it Read more of John Mazerolle's columns at metronews.ca/hesays}$



ILIST A FEW DAYS

Local tweets



@max_ keeping: Evil

Toronto fans are trying to keep Sens off All Star team - don't let 'em. nhl.com.vote & vote 30 times! #ottawa #Sens20

- @matt_ottawa_26: Overcrowding on #OCTRANSPO is a major problem! Build that LRT! #ottcity #ottawa #Packedbussesmakemeill!
- @In_Hiding: My favourite singer in Ottawa again! #NekoCase can't wait.

GRAB BEFORE THE STORES CLOSE ON CHRISTMAS EVE

- @mirgray: Still trying to figure out if 2 of the folks I follow are flirting, dating or just tweeting...
- @CouncillorMcRae: Tired of the double standard. Why can some government agencies not remove graffiti when it is reported to them? #OttCity by-law says 7 days.
- ▶ **@REAL_Spartacat:** I'd say Senators are better than Capital-ists! Washington you're in the wrong capital tonight. This is Hockey Country. Go #Sens Go

Birthday treats for polar bear

KINGUSSIE, SCOTLAND. Is Walker the polar bear planning The Great Escape? Probably not, as he seems quite content after celebrating his third birthday at Highland Wildlife Park in the Scottish Highlands. After playing with his new toy — a workman's hard hat — he ate an ice birthday cake, full of fish, fruit and vegetables.

METRO WORLD NEWS

370 kilograms is Walker's current weight. He is small now; the average polar bear can weigh over 600 kilograms.

He still waits for a special one

MATING. Walker may have to play with that hard hat a little longer after his date with a mate has been delayed. Zookeepers had brought in a potential female mate but she turned out to be already pregnant. Walker once had a female companion, but she had to be put down in April due to ill health. © METRO WORLD NEWS



UNA RICHARDSON, ZOOKEEPER AT HIGHLAND WILDLIFE PARK





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Meet mayors, sing songs

▶ Local indie rockers Hollerado learning lessons on the road ▶ Return home to play Ottawa

BACKSTAGE **PASS**

IEN TRAPLIN METRO OTTAWA



After grinding it out on the road throughout all of 2011. Manotick indie band

Hollerado will close out the year in front of their hometown crowd.

"Finally," exclaims front man Menno Versteeg. "We haven't played Ottawa in forever. I'm really, really excited."

The band has crisscrossed North America numerous times in 2011, most recently for their Meet the Mayor Tour.

"This past year, it's been a real job for the first time and that means we played a lot," says Versteeg, who is quick to point out that's not a bad thing. "It was amazing to learn what, if all goes well, the rest of our lives are going to be

While on tour, the guys in Hollerado make a point of meeting people in the communities they play. With the recent Meet the Mayor Tour, the band figured it would give them the chance to get to know those towns even better.

"We definitely like meeting fans in the communities we play in. It's one of my favourite things about touring," Versteeg admits. "It was really neat to meet a side of the city we've never seen before and never really thought we would see."

The guys in Hollerado expected that none of the mayors would want to meet with them. They were wrong.

"It turns out Canadian mayors are extremely accessible," boasts Versteeg.

That is, except for Toronto Mayor Rob Ford, who declined a meeting. "He did send us an 8-x-

10 colour glossy picture of himself though," the front man says with a laugh. One mayor that really

stood out to Versteeg is Keith Hobbs, the Mayor of Thunder Bay.

"He really changed my perception on Conservative politicians," says Ver-

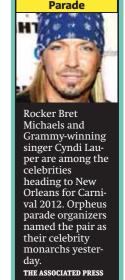
steeg.
"The things that I care about, he was really, really passionate about. He was a good, honest politician which I thought was really nice.

Of course, that's just one of many cool memories of the road for him and the rest of Hollerado.

"We're just so amazed that, through music, we get to have these experiences," he says.

"The only thing I've learned in this is to not expect anything.









Sex and sensibility

Two Broke Girls has a sweet core surrounded by stereotypes and sex jokes

Two Broke Girls co-creator Michael Patrick King says he has no plans to alter his hit sitcom to placate critics who say it perpetuates racial stereotypes.

"I'm not going to ange. No, absolutely change. not," King said in a recent interview from his Hollywood office. "I believe that anybody, when you see them for the first time, you judge them based on the surface."

Two Broke Girls — starring Kat Dennings and Beth Behrs as down-on-theirluck waitresses trying to make an extra buck — has become one of the fall TV season's few breakout hits.

The CBS show has an old-school feel and a big heart — at its core is the odd-couple friendship between street-smart Max (Dennings) and high-strung heiress-turned-pauper Caroline (Behrs).

"When we started out our joke was that we were going to sell it as Laverne & Shirley on crack," says King, an executive producer on Sex and the City.

"I felt that there was something missing (from TV), which was an old-fashioned sitcom for a young

sensibility. And so I decided that it would be really fun to try to do two really funny girls, because I LOVE funny women."

While the comic chemistry between Dennings and Behrs has received consistent kudos, some critics have taken issue with the show's supporting players, including Oleg (Jonathan Kite) a lascivious Russian fry cook, bumbling Korean diner owner Han

(Matthew



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Watch it

A new episode of 2 Broke Girls is set to air Dec. 12, followed by a repeat episode. Air times are: 8

In Two Broke Girls, two down-on-their-luck waitresses are struggling to make an extra buck. much chatter about those characters: "It's current, it's something to talk about. It's maybe a little in your face, I don't know," he says. He notes that archetypes are commonplace in writing and says the show is reflective of his experience in

the Big Apple. "Anyone who's ever lived in New York has walked through an enormous melting pot of people. So for me, to do a show where you're not exploring race would be absurd in Brooklyn, N.Y.," he says, adding that the supporting characters will become more fleshed out as 2 Broke

Girls progresses. While 2 Broke Girls has an undeniable sweetness at its core, some critics have also taken umbrage with the crude sex jokes peppered throughout each 30minute episode. King says such vulgarity is simply a reflection of reality.

THE CANADIAN PRESS

Hot show, cool climate

• Frozen Planet takes a look at Earth's polar regions • How climate change is impacting these ecosystems

Discovery Channel's documentary series Frozen Planet will premiere March 18, and will encompass seven episodes including a program climate on change hosted by David Attenborough.

On that seventh episode, the famed British naturalist will investigate what rising temperatures will mean for the planet and life on it.

The network made the announcement Tuesday.

Frozen Planet is described as "the ultimate portrait of our Earth's polar regions." A co-production of Discovery Channel and BBC, it was four years in the making and comes from the team behind Planet Earth, the acclaimed series that aired on Discovery in 2007.

The Frozen Planet team filmed in every nation inside the Arctic and Antarctic Circles during 2,356 days in the field, $1 \frac{1}{2}$ years sea, more than six months on the sea ice and 134 hours beneath that ice,

"You see sequences that have never been captured on film before"

DISCOVERY AND TLC NETWORKS HEAD EILEEN O'NEILL

according to Discovery.

Among the sights: the birth of an iceberg bigger than the largest building on Earth, a caterpillar with antifreeze in its veins and tiny baby polar bears, which at birth are 25 per cent smaller than human

Frozen Planet will be narrated by Alec Baldwin.

Discovery and TLC networks head Eileen O'Neill calls the series remarkable "because it's so surprising. You see sequences that have never been captured on film before — a world you would expect to see in a Narnia film, not on this planet. You see an environment that's changing, if not disappearing, in our generation.'

THE ASSOCIATED PRESS



No sleep until Cleveland

Deastie Boys, Guns N' Roses and Chili Peppers are among the latest to be inducted into 2012 Rock Hall class

Welcome to the Rock and Roll Hall of Fame, Guns N'

The seminal rock band of the late 1980s and early '90s, best known for hits like Welcome to the Jungle, Sweet Child O' Mine and November Rain, leads the 2012 class of inductees announced on Wednesday. Also making the cut is the hip-hop trio Beastie Boys; rockers the Red Hot Chili Peppers; the singer/songwriter Laura Nyro; Donovan; and influential British rock group The Small Faces/The Faces, which included Rod Stewart and Rolling Stones guitarist Ronnie Wood.

Nyro, who wrote such hits the 5th Dimension's Wedding Bell Blues and Blood Sweat & Tears' When I Die, is the only female act to make it this time around. The hall passed on Donna Summer, Joan Jett and the Blackhearts, Heart and Rufus with Chaka Khan, who were on the ballot for 2012.

But it wasn't just women who were denied entry into the rock hall for next year. Voters also Cleveland

Where and when it will take place.

The ceremony The Rock and Roll Hall of fame induction ceremony will be held in Cleveland, where the rock hall is based, on April 14.

passed on hip-hop pioneers Eric B. & Rakim, War, the Cure and the Spinners.

Guns N' Roses blazed on the rock scene in 1987 with their official debut, Appetite for Destruction. Fronted by siren-voiced singer Axl Rose, with Slash and Izzy Stradlin on guitars, Duff McKagan on bass and Steven Adler on drums, the group dominated music with its aggressive rock grooves. Early in their career they were criticized for lyrics in the song One in a Million deemed as homophobic, misogynistic and racist. They were also defined by their dysfunction, gleefully embodying the mantra of sex, drugs

next year. Voters also and rock and roll.

HANDOUT/THE ASSOCIATED PRESS

▶ The Beastie Boys, from left, Adam 'Ad-Rock'
Horovitz, Adam 'MCA' Yauch, and Michael 'Mike D'
Diamond are nominated for induction into the Rock and
Roll Hall of Fame.

The band sold millions and millions of albums, providing a sharp contrast to a pop world defined by the likes of Madonna and Michael Jackson.

But the group's turmoil, often on display before the

whole world, would cause the core to fall apart by 1996. Their induction should lead to talk once again of a possible reunion, at least for the induction ceremony. THE ASSOCIATED PRESS



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Big night, less than great expectations

The cast of New Year's Eve shares their lacklustre memories of evenings filled with Auld Lang Syne



The cast of the new Garry Marshall film, New Year's Eve, had a great time making the movie, but haven't always had the best time on December 31st.

Josh Duhamel says the key to enjoying the night is keeping "expectations low" and leaving by 10:30 p.m.

Hector Elonzo, who has appeared in all 17 of Marshall's films, agrees.

"Expectations low, defi-nitely," he says. "I did have one lousy New Years, because I expected something from it." He tells a story about being a musician "in the days of rocks and caves, before they knew the world Year, and I always ended up

His jazz quartet scored a show — "New Year's Eve was the big gig," he says, "that's when you made \$50!" — to discover the audience didn't go for their New York brand of cool jazz. "They were like an oil painting looking at us. That was a big let down for us"

"When I stopped wanting my New Year's Eve to be perfect is when it started working out right," chimes in Hillary Swank, who plays the producer of the Times Square New Year's Eve show in the all-star film. "When I was young I was always looking for the best party to ring in the New

in a car saying, (sadly) 'Happy New Year.'

"I got to kiss the girl I really liked, and then she turned around and kissed seven other people," says director Garry Marshall. 'Not a good night."

But not all his end of the year experiences have been bad. In the early '60s he met his wife Barbara at a New Year's Eve party, and the two are still married. In fact she has a cameo in the movie playing a nurse.

Abigail Breslin may have an Oscar nomination under her belt, but that doesn't mean she can do whatever she wants on New Years.

"My parents are cool,"

New Year's Eve star Abigail Breslin admits in real life her mom would never let her venture out on her own to Times Square on Dec. 31.

says the 15-year-old actress, "they let me do things." But would they let her behave like her on-screen character and go to the biggest New

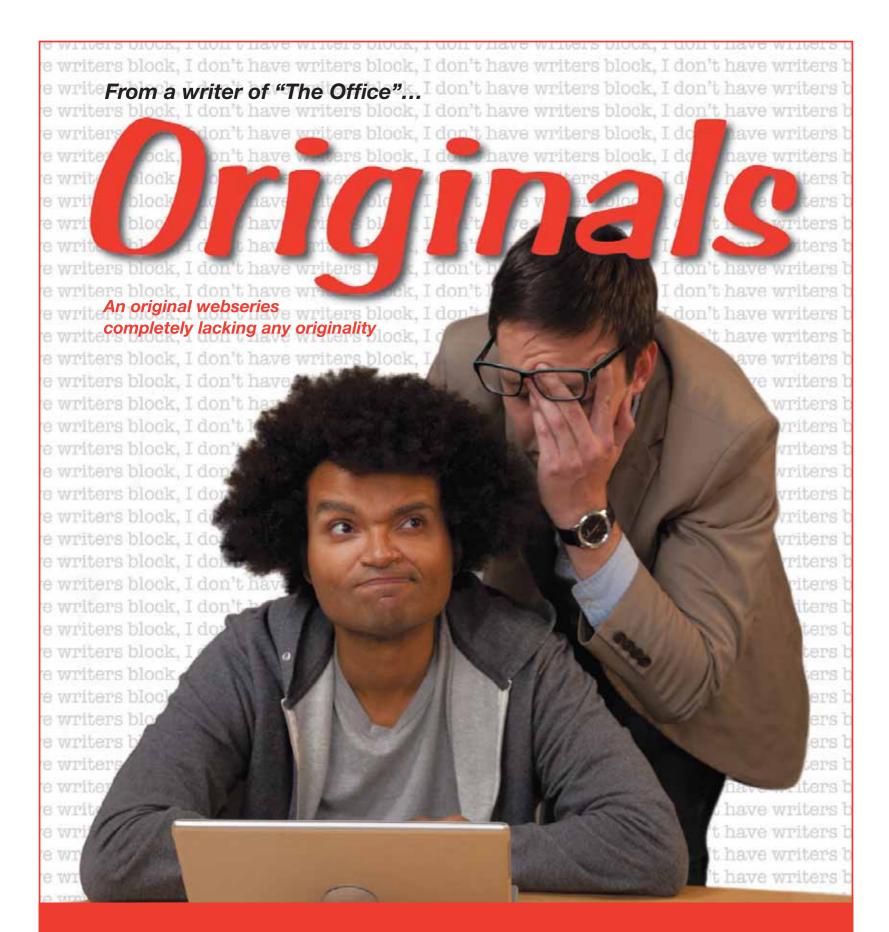
Year's party on earth?

"I was saying the other day in an interview, 'I'm not really sure my mom would let me do New Year's Eve in Times Square.

And she was like, 'You're right. I wouldn't.' So I don't think that's going to be happening any time soon."







In today's episode... "The Meeting"

Bryce faces the hard truth that he may, possibly, have a hint of writer's block. Ok he has a massive case of writer's block. But not to be humbled, Bryce is about to discover that a pretty girl and changing one small habit can be inspiring.



New episodes post every Tuesday and Thursday. Watch at www.facebook.com/OriginalsTheSeries

Today in awkward divorce stories Baldwin doesn't fly the friendly skies

Moore, J.Lo have unpleasant encounters with thier exes

THE WORD

DOROTHY ROBINSON SCENE@METRONEWS.CA



All of those Alist celebs going through divorces? Things are getting awwwkward!

First up in cringe-worthy separation While stories: Demi Moore was having dinner with a friend at a private club in West Hollywood recently, she couldn't help noticing soon-to-be exhusband Ashton Kutcher dining nearby.

"She approached his sne approached his table," a sources tells Us Weekly. "He gave her a hug, and they spoke for a few minutes." The source describes the couple's chat as "polite" but "very purlayerd." awkward."

At least it wasn't as bad as what went down recently with Jennifer Lopez and her soon-to-be-exhusband Marc Anthony.

Anthony apparently refused to shoot his Latin reality TV show Q'Viva with



Lopez because of her new relationship with 24-yearold backup dancer Casper

A source told Star magazine: "Marc and J.Lo had a tense conference call when she was in Morocco. Inevitably, their discussion boiled down to her new boyfriend (Smart)

and Marc made the decision not to work with Jennifer last week as a result.'

Call me crazy, but maybe everything can be described as "tense" when you decide to work with someone you are going through a contentious di-

Alec Baldwin claims he was kicked off an American Airlines flight for playing the Scrabble-like game Words with Friends on his phone.

"Flight attendant on American reamed me out (for) playing (Words with Friends) while we sat at the gate, not moving," the actor posted to Twitter.

Baldwin was eventually removed from the plane and forced to take another flight, though his rep laughs off the situation. "He loves Words with Friends so much that he was willing to



leave a plane for it," spokesman Matthew Hitzik

But some sources say it wasn't as simple as all that. Other passengers claim Baldwin was also talking on the phone, and he reportedly became "violent and aggressive" toward the airline according Hollyscoop. • METRO

Lohan to talk to Ellen

Lindsay Lohan is looking to unveil her Playboy spread on daytime television, as she's chosen Ellen DeGeneres' show for her only magazine-related interview, according to Hollyscoop.

"Lindsay has agreed to do one media interview during the on-sale period of her issue, and has chosen Ellen. Lindsay will not be doing any additional interviews to promote her pictorial," a spokesman for the magazine says.

METRO

Celebrity tweets



tape vou use to wrap a present the crazier vou are

@eddieizzard I've now run barefoot for 6 days in a row. Feet are complaining and getting stronger at the

same time

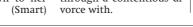
@kathvgriffin Since I'm nominated 4 a GRAMMY 4 my comedy album

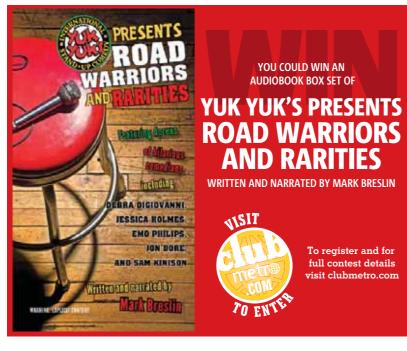
"50 & NOT pregnant" don't u think my GRAMMY date should b @JustinBieber??



"she's got legs and to use them"

is not that great of a compliment.







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Host with the most...style

• The garland is hung, the chestnuts are roasting, the turkey's in the oven • But what to wear?

One more thing to add to the to-do list for your holiday party: Find an outfit that creates a celebratory mood, is welcoming and warm (but not hot), can hide a little sauce splatter and has pockets to stash remotes, phones and, for the ladies, lip gloss.

It's the delicate balance of being chic and comfort-

can't imagine any more pressure when you're putting on a party — when you are so focused on wine and food — and you have to look beautiful as well," says Simon Kneen, creative director of Banana Republic.

"Men have it a little easier, but you still have to make it look effortless and easy to manage.'

Dressing for the role of host is a little bit different from a guest, with many more practical considerations. Just like every other aspect of the party, seasoned, stylish party-throw-ers say you'll likely want to do as much preplanning as you can.

Even last month, Kneen knew what he'd be wearing next time he entertained: a poplin shirt, sleeves rolled, with a tie. Meanwhile, Manhattan-based designer Shoshanna Gruss will pull one of her many cocktail dresses out of her closet and pair it with a chunky necklace or sparkly cuff bracelet.

"I have some fun statement pieces that I don't get to wear often," she says. "You're setting the rules so









you know you'll be appropriate.

It would be a letdown, she adds, for guests who have put thought into their outfits to find the hosts in something they'd wear any other night.

"It feels funny to put on a dress and high heels at home, when you know you're not leaving, but it sets the tone," Gruss says. "Your guests will appreciate

Minnie Mortimer says she likes to emerge from her bedroom all dressed up, especially now that she lives in more casual Los Angeles after growing up in New York and Palm Beach,

This year, Mortimer will jazz up her look with a glittery hair pin. "I really like the holidays to be about a little bit of sparkle. It's hard to do the rest of the time or it looks too much, but during the holidays, it looks appropriate," she says.

THE ASSOCIATED PRESS

Festive face

- Makeup should be maintenance-free, says Ricky Wilson, Dior Beauty's celebrity makeup artist.
- "You have to keep in mind that you have many people looking at you with little or no time to look at yourcelf"
- His picks include false eyelashes or at least waterproof mascara, and liquid eyeliner.



Gift picks

For the colleague

Thanks to things like Secret Santa, you can often find yourself in a position where you have to buy a gift for someone vou don't know all that well. TankBooks's series of literary classics redesigned as iconic cigarette packaging is a good solution because it combines universally appealing reading (Ernest Hemingway, Rudyard Kipling and Leo Tolstoy, for instance) with cool tankmagazine.com MWN



show worthy of a Maharaja





42 Elgin Street

Jeanne Space



In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:

If you could wear only 3 pieces of jewelry, what would they be?

- ▶ @WhoIsArlette: A cocktail ring, chandelier earrings and a brooch
- @ShamilaJiwa: A set of harem stacking rings, classic honey comb earrings, and a small diamond talisman. Or a Labradorite Boa. Timeless!
- @margotaustin: Easy: wedding band, engagement ring, diamond earrings -- chic, simple and all gifts from my husband. #truelove
- @KarleighSergio My gold heart locket from Birks, my "dream" necklace, and my moms engagement ring that she handed downtome when I turned 16.



TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV. JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.



Christmas colognes



CHANEL JERSEY

75 ml, \$110, chanel.com



CZECH & SPEAKE VÉTIVER VERT

100ml, \$118, czechandspeake.com



NASAMATTO HINDU

30 ml, \$165,averyfineperfumes.com

Get a leg up with beautiful boots

Ocover up your gams in some glammed-up galoshes

There's fall and spring, winter and summer — and there's boot season. For many fashion fans, that's the best time of year.

Chances are you've broken out the cowboy boots and jeans, riding boots and leggings and maybe your best black work trousers and those cute high-heel booties you bought last year.

They're all easy, almost no-fail pairings. Finding the right skirt to go with boots, however, is more likely to trip you up, especially this particular season when it seems anything goes with hemlines.

Do long skirts get tall shafts or shorter ones? What's the rule on miniskirts? And can functional weather-friendly boots meet a fashion-forward midiskirt somewhere on the middle of the calf?

"Boots can do it better

than almost anything when it comes to pulling your look together, but it also can cut you up," says celebrity stylist Cristina Ehrlich.

She adds: "You have to put your outfit on. If your eye goes straight for the foot, then something isn't right. You want a full 'look."

Since proportion matters, she suggests every outfit get the mirror test because what works for one skirt might not for the next, even if they're similar styles.

It's all about lines. You don't really want the top of the boot to meet the hemline; it could be longer or

shorter — and filled in, when needed, with opaque tights, says Jen Ford, fashion news director at Lucky magazine.

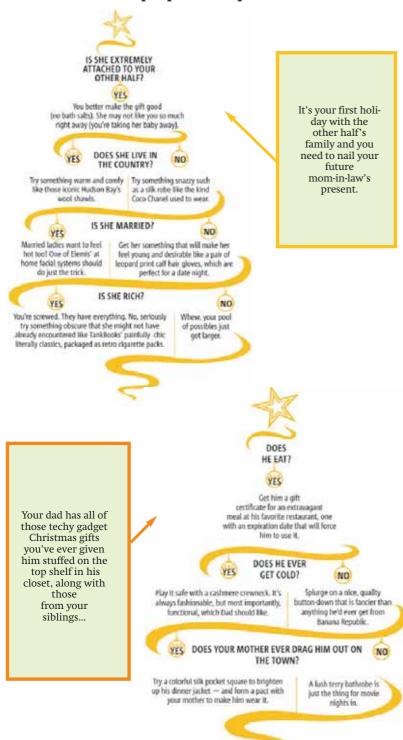
Ehrlich, a style spokeswoman for Via Spiga, says the most foolproof boot choice is a to-the-knee shaft and a wedge heel, probably in black suede. But, she adds, you'd be surprised how easy it is to incorporate a dark purple, bottle green or grey suede into an existing wardrobe, even one rooted in black.

With a five- or 7.5-centimetre heel, there's really not an outfit you can't wear with these boots. She'd put them on in September and not take them off until April — and that's travelling to different places and climates.

"With the wedge, you get comfort and gain a few inches. You can dress it up or dress it down," Ehrlich explains. "It's chic and cool." THE ASSOCIATED PRESS

How does Santa do it?

Don't be a fool when it comes to family
 Follow this guide to win over the two most difficult people to shop for



TEXT: MWN, DESIGN: MIA KORAB





If you're sixty and you know it read these trends

THE KIT

It's easy to look and feel your best no matter what your age. Here we compiled some of the best products out there for ladies in their 60s. Go ahead and enhance your natural beauty!



sistency won't interfere makeup. L'Oréal Paris Age Perfect Hydra-Nutrition Golden Balm Night for dry skin is en-

hanced nourishing oils and has a luscious melting texture. \$30, lorealparis.ca

EYE DRAMA

Choose palette with matte and satin options. Guerlain Écrin Couleurs long-lasting eyeshadows has both, plus soft iridescent and subtle metallic shades

highlighting. \$64, guerlain.com

TAKE A BROW

Brows were full at Jill Stuart, Prada and Alexander Wang; they're a must for defining the face. Urban Decay UrbanBrow Precision Tip Brow Tint has a super-fine brush tip and the perfect water-resisshade for blondes. (Shown: Blonde.) \$24, urbandecay.com

CRANK THE VOLUME

Boost lifeless locks with Hair: Sally Hershberger Plump Up Thickening Mist for normal to thin hair. \$13, hoppersdrugmart.ca

SUBSCRIBE FOR FREE TO THEKIT.CA AND DISCOVER THE DIGITAL WORLD

She's got hands in a Bundchen of projects

● Model Gisele launches third collection for C&A

Brazilian top model Gisele Bundchen still walks the world's most exclusive catwalks, but she's also showing off her design skills again with a new collection for the Dutch mass retailer C&A.

presented Bundchen her Gisele Bundchen for C&A summer collection last week in Brazil, where she donned some of her creations for photographers.

Forbes magazine ranked Bundchen as a top earner of the fashion industry this year.

Her third collection for retailer includes cropped blazers, flowery dresses and Panama hats. It will be available only at the Brazilian branches of



C&A has ventured into collaborations with other celebrities such as pop

ADVERTISING FEATURE

stars Christina Aguilera, Fergie and Mexican singer Thalia.

THE ASSOCIATED PRESS

RECYCLE FROG

(613) 695-1236

Selling old gold and silver jewelry? The bad. The ugly. The good.

Skyrocketing gold and silver prices has many consumers wondering how much their old or broken gold jewelry is

The question you should be asking yourself is: where do you go to ensure you receive a fair offer? There are plenty of options but which ones pass the common msense test?

Option #1: New companies. Inflated promises. False advertising.

Anyone can post really high payout prices. There are no laws to protect unsuspecting consumers from misleading ads that promise to pay outrageous and unrealistic prices.

They use them to lure people in, then adjust weights, inaccurately evaluate material (eg. say something is 10kt when it's actually 14kt). The bottom line, people end up with less money in their pocket, not more.

Option #2: Mail away your gold. Hope for the

Most consumers feel uneasy about mailing their jewellery to one of the many flashy "Cash for Gold" type companies seen



on TV. The truth is, several of these companies have received harsh criticism from consumer advocacy groups because of their notoriously shady sales tactics and low payouts.

So, if those ads featuring cash waving "customers" send a chill down your spine, it's for good reason.

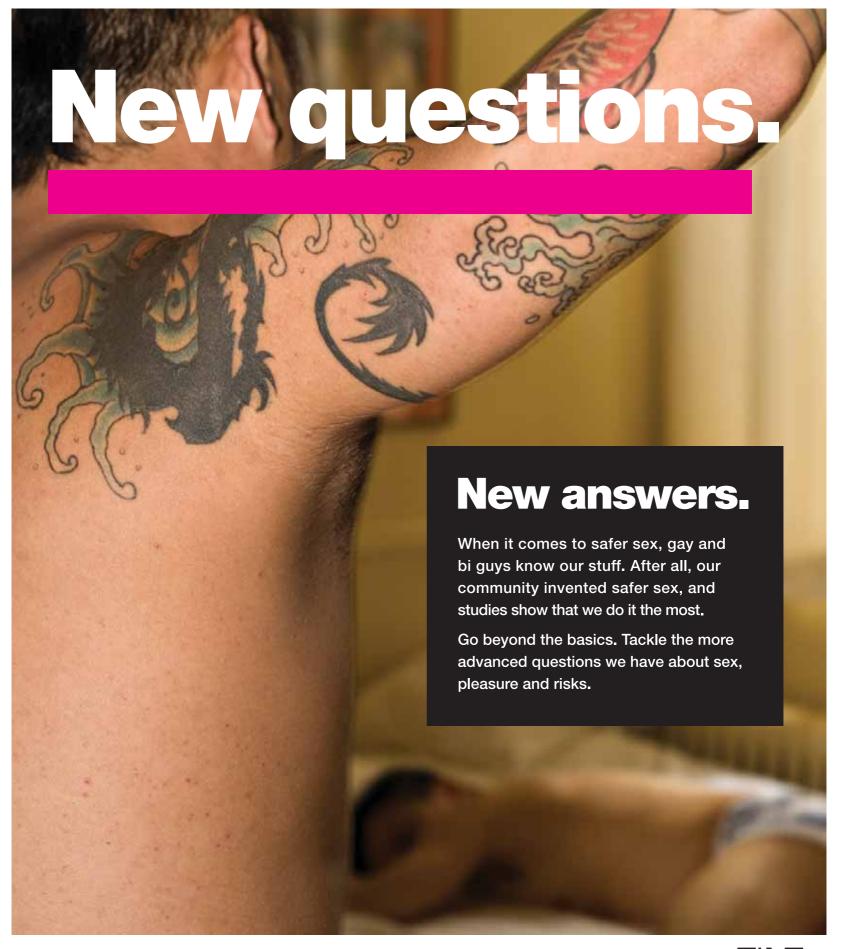
Option #3: Recycle Frog, you be the judge.

Recycle Frog is an Ottawabased precious metals recycling company that has built its business by serving today's more prudent middle and upper-middle-class consumer. Comprised primarily of ex-Royal Canadian Mint employees, Recycle Frog's payout rates are published, and consistently rank among the highest in the industry.

One-on-one evaluations are conducted at their many convenient public events or are pre-scheduled at their World Exchange Plaza location. They're a trusted fundraising partner to various charitable organizations including the United Way, CHEO, Christmas Exchange and The Canadian Cancer Society

Get a competitive, hagglefree offer for your old gold and silver by simply calling Recycle Frog at 613-695-1236 or visit their website at www. recyclefrog.com for more information.









Idea + Ikea = ideal for guests

• Karl Lohnes checks out Ottawa's new Ikea • How a budget guest room can make for 5-star hotel comfort

DESIGN CENTRE



KARL LOHNES HOME@ METRONEWS.CA

Yesterday was a bigger, greener and exciting

day for design concious shoppers.

The newly built Ikea store opened its doors within the Pinecrest shopping complex.

The new store is almost four times larger and boasts twice as many products

than the old store offered.

Wear comfortable shoes and be prepared to be amazed as the showroom has 55 inspiring room displays and 29 kitchens to check out.

There's also twice as much parking, a 640-person restaurant and a larger ball room for the kids!

Now, let's get shopping — it's that time of the year when our spare bedrooms, couches and even our floors welcome guests visiting for the holidays.

Here are a few easy ways to comfortably welcome friends and family without spending all your holiday budget.



Spoil your guests

A few simple tips to help you be a hostess with the mostess.

- **Don't alarm:** Ask your guest about preferred wake up and breakfast times.
- Token gesture: Have some extra tokens for out of town visitors so they can run shopping errands as needed
- Mini-magic: Add some holiday charm to their personal space with a mini holiday tree on the nightstand.
- Small details: A scented candle by the bathtub adds instant relaxation.



➤ An over-the-door hook rack adds an instant closet for keeping things organized for guests. Grundtal Hanger, \$9.99, Ikea.

Provide thoughtful supplies

As a frequent traveller, I find myself always forgetting something behind at home. What a nice surprise to arrive at a friend's place and discover that they've anticipated my forgetfulness.

Installing a guest account on your home computer, extra toiletries, bottles of water, room spray, extra hangers, an alarm clock, a humidifyer and over-the-door hooks for extra hanging storage are all welcomed by guests.

Offer spa treatment

You might only have one bathroom in your place so how do you make it feel as personal for yourself as guests?

Try to strip all your personal belongings on display (perfumes, magazines, towels) and keep them in a carry caddy in your bedroom.

Supply your guests with a similar caddy (filled with toothpaste and shampoo).

Decorate your washroom with decorative towels, fresh flowers and candles.

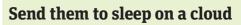
You might want to supply extra pyjamas, a bathrobe and slippers for your guests; these are usually the last things to be packed and most often don't make the cut.

Carry tote baskets keep toiletries

free of clutter, Nansum Basket,

\$24.99, Ikea

organized and shared bathroo



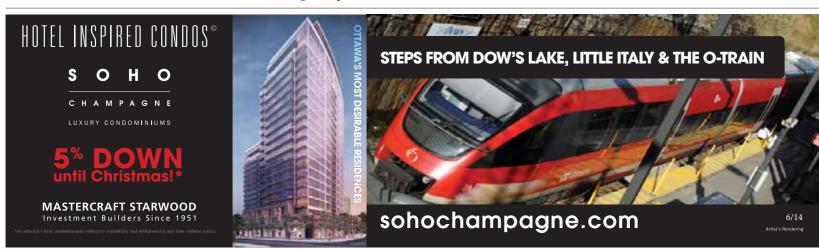
If you don't have an extra bedroom or pull-out sofa, a quality blow up mattress on the floor can create a comfy nest for your guests.

The modern mattresses are leak-proof, have electric pumps and some come with foldable, lightweight bases to elevate the mattress off the floor.

Of course an extra blanket and freshly ironed sheets always create a touch of luxury.

My special treat to overnight guests this year is adding extra comfort to a mattress, sofa or air bed with a mattress topper; just a few extra inches of plush comfort will make them feel like they are sleeping in a 5-star hote!!





Moroccan tea glasses \$30, justmorocco.com



Cire Trudon & Nazareth candle







Maison Martin Margiela By L'Atelier snow globe

festive ways to spruce up your home for the holidays



GIFTS FOR THE HOME





HUDSON BAY BLANKET

\$259 and up, hbc.com

LUNARES ICE CREAM HOLDER

▶ \$48, shopbop.com

PAUL SMITH TEAPOT

▶ \$375, paulsmith.co.uk



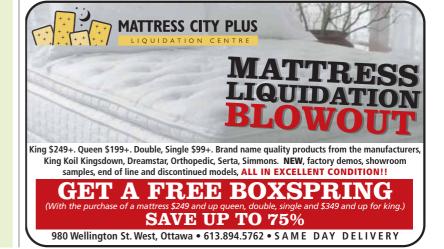
Juliaca knit stocking

DIY your own holiday tablecloth

Nothing makes a room feel more "grown up" than table linens. The unfortunate thing is that they tend to be pricey. African wax print fabrics, however, are easily accessible (local African dealers can be found in most major cities), cheaply priced and boldly colourful in a cool way that your mother would never consider. Buy several prints and rotate them throughout the year.

O KE





Deck your halls with style

• Design queen Candice Olson gives us a few hints for creating a warm festive glow indoors

DIY IDEAS

Candice Olson is returning for a second season of Candice Tells All on Jan. 5 at 7:30 p.m. ET and PT on W Network.

The designer and TV host shares suggestions on ways to personalize your space and spruce up your home for the holidays.

1. Create a personalized wreath on the front door by using letters to spell out a message, or your family name.

You can use any kind of letters. How about letters from vintage signs or monogrammed ornaments? Hang them on your children's bedroom doors, spelling out their names using toy block letters.

2. Get inspired by nature.

Use fresh bows, wreaths, berries and branches around the house to bring the outdoors in.

You can paint pine cones and branches in fun colours and then incorporate them into your arrangements.

Collect small branches from the outdoors, spray with high-gloss paint in various colours, suspend them horizontally and use them to showcase interesting ornaments, such as clip-on bird ornaments or anything with a hit of sparkle to glam up your space

Sparkle factor

Fill vases of different sizes and shapes with glass ornaments.

- Pretty reflection: Surround the vases with candlelight and place them all on top of an old mirror to maximize the sparkle.
- 3. Buy some festive metallic accent pillows and cosy faux-fur throws, and then swap out your current accent pillows over the holiday season.

It will add some sparkle and fun to your sofa for those big family get-togethers.

4. Don't forget to include your children's creations in your decor.



Holidays are for the whole family.

How about showcasing some of their art and ornaments from previous years in shadow boxes displayed across the mantel or on a console table, along with some lights and cedar bows.

Have room for two trees? Give the kids a small

tree of their own to decorate any way they want — you may even have a future designer on your hands.

THE CANADIAN PRESS



Shine on you crazy diamond

• A little sparkle is in order: Metallics and mirrors can help lengthen the life of your festive decor

pillow (\$24.99)

you may not have to pack up all the trimmings and festivethemed baubles once the holidays are wrapped.

Traditional decor may be steeped in red, green and glitter, but your adornments of choice can still channel the holiday spirit and also transform into a new look to transition your space for winter.

From silver candlesticks to novelty owls and lamps crafted from sories out without having and lamps cratted from sories out without naving mercury glass, home accessories in metallic shades to pack them away."

HomeSense spokestranslate well regardless of the time of year, says Candice Olson, designer and try host. Sticking solely to silver, "We're beautiful to produce the making to pack them away."

To pack th

"It's a beauti-

see in a lot of decor materials, and it gives you that longevity all throughout the year," says Olson, whose series Candice Tells All premieres its second season Jan. 5 at 7:30 p.m. ET and PT on W Network.

"When you need it to be festive, you throw in a couple of pine cones or some Christmas balls in a grouping. But for the rest of the season or the rest of the year, you can keep those acces-

gold or copful contrast to all the more matte per, combining finishes that you (\$4.99) from HomeSense.

mering shades.

"They're fairly neutral colours themselves," she says. "They're not bright, but they actually bring a bit of that drama. So if you think about it that way, you can mix them together really easily."

Uncao says a good rule of thumb when it comes to mixing metals is maintaining the right balance with

respect to contrast.
"You don't want to do everything

necessarily (in) sparkle," she says. "You can definitely do matte, you can do things that are little bit more glam, a litbit more shiny.

"What would do is

probably just incorporate (the metallics) with some neutral ivories and creams to offset it and it looks really great together."

For those seeking to go the more rustic route, Uncao says nature-inspired pieces, such as those crafted from reclaimed wood or driftwood, are also emerging as a popular decor alternative with a shelf life beyond the festive season.

For example, a tabletop tree made out

> driftwood could decked be with 011f miniature ornaments and surrounded by garland, which could

later be removed

leave the tree on its own ornaments as both a stylish HANDOUT/THE CANADIAN PRESS addition and a post-holidays, she suggests. cost-saver.

A twinkling twig wreath

(\$29.99) from HomeSense

A simiapproach can be adopted with another seasonal staple the wreath.

"If have a plain enough wreath that's more about the greenery on your door. I

whole winter season," says Uncao. For individuals on a budget who still want to give their space a seasonal

spruce-up, Uncao suggests

sive, but you can really update (your look)." Uncao says using mercuthink that looks fantastic ry glass or beaded ornaand you can keep it up the

ments is a simple way to embrace the metallic trend. whether they're nestled in a tabletop bowl or dish or dangling from a Christmas tree. THE CANADIAN PRESS

"If

you use them

as

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can

little

dining,

place set-

tings,

you can

use them

as part of

your centre-

pieces, you

can use them on your mantel," she says.
"They're really inexpen-

KEEP THOSE PETALS LOOKIN' PRE

CHARLES THE BUTLER



ASKCHARLES THEBUTLER@ METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

Dear Charles the Butler, I love to display fresh flowers, but when I receive a bouquet I never know what to do so they last as long as possible. Any suggestions?

Who doesn't love a fresh bouquet of flowers!

Here are some very simple rules to help flowers last longer.

- 1. Always cut the stems a clean cut with sharp scissors diagonally will help them "drink" water more efficiently.
- 2. When in a large vase, always use a maximum of one capful of bleach. This will keep the water clear.



3. My mother swears by adding a small baby aspirin to each vase. Although I have never done this myself I have had other butlers tell me the wonders of this trick.

4. Keep the room temperature as cool as possible. If the flowers are going to be in a very warm area of the house, then try to put them in a cooler room at

night. The warmth will expire flowers more quickly than anything.

5. Change the water in the vase at least every other

6. Remove any dead flowers as they die, so that the stem does not decay in the water, thus affecting the other flowers in the vase. HAVE A QUESTION? SEND AN EMAIL TO ASKCHARLESTHEBUTLER@METRONE



Cheat old man winter

• Garden 'extenders' let you plant earlier, harvest later, even in cold places

David Whiting is a northern gardener who can't get enough of a good thing. He uses extenders to jump start his growing season in the spring and to harvest late-maturing plants after the snow falls in autumn.

"You can do a lot when you throw a cover over crops," said Whiting, a consumer horticulture specialist with Colorado State University Extension at Fort Collins. "All the heat is in the ground and these devices help recharge it during the day."

By "devices," he means cold frames, hoop houses, cloches, row covers and pop-ups, all of which create cosy microclimates that protect plants from seasonal chills.

Extenders harden indoor-started seedlings while speeding such perennials as asparagus and rhubarb toward maturity in the spring.

They boost the energy of heat-loving plants like peppers in the summer, while sheltering salad greens, herbs and root crops well into the new year.

Here is a glance at some of these time-tested tools, which can add months to your gardening calendar.

Cold Frames: Simple structures made from wood or cement blocks with window frames or clear plastic sheets hinged or draped over the top. "Cold frames can be used year-round," said Barbara Larson, a horticulture educator with University of Wisconsin Extension. "You'll be able to harvest cool season vegetables through Thanksgiving." That would include arugula, kale, cabbage, cauliflower and leeks.

Hoop Houses: U-shaped plastic pipes or bamboo poles stuck into the ground and covered with polyethylene sheets. These greenhouses-on-the-cheap can be made tall or short, depending upon plant height.

Row covers: Polyester or fabric covers that are laid over plants yet allow light, water and air to circulate. They protect tender edibles and flowers from wind and rain damage as well as temperatures dipping to -2 C.

Cloches: Transparent domeshaped structures with the bottoms removed that can cover single plants. "A lot of people use old milk containers, but that actually slows growth because they're opaque," Larson said. "Avoid them because they keep things cooler inside rather than warmer."

Let plants breathe

Be careful that you don't unintentionally provide too much protection.

Ventilation is vital: It can get scorching hot inside the extenders during the day if they're not properly vented.

Pop-ups: Tent-like frames that can be shifted from site to site.

"They're affordable, easy to use and can protect to 25 degrees" (-4 C), said Maree Gaetani, a spokeswoman for Gardener's Supply Co., in Burlington, Vt. "Some people use them for insect protection; others for frost."

Whiting adds even more warmth into his cold frames with Christmas-tree lights and thermal space blankets. The associated press



PLANNING TO SELL YOUR HOUSE?

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- Want the expert services of award-winning designer Penny Southam to get your home ready for sale?
- Are you willing to roll up your sleeves to do the work yourself?

"I can't believe how much we accomplished. We've lived in our home for years and didn't do anything, and that could have gone on forever. This motivated us to do stuff we were procrastinating about."

Chris Renwick, Episode 3

Web: allfornothingtv.ca E-mail: sonja@mountainroad.ca Phone: 613-237-4447

D.I.Y. holiday centrepieces

◆ The goal: Pretty decorations that read cool and young, not old-fashioned and lame ◆ To start, stay away from the poinsettia plants your grandma breaks out every year and go for something a little more organic looking



Entertaining at home has never been trendier



To the flower market you go

Skip the grocery store and those temptingly cheap holiday themed plants. They may look like an easy way to give your place that extra yuletide oomph but they will actually send your place back to 1986, and not in a cool, retro kind of way. The selection of blooms at your nearest flower market will definitely look much better.

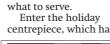


For an extra dose of fancy, work in fruit

Go all Dutch masters on your guests by tossing a few pomegranates, oranges and red grapes in a wooden bowl and placing it next to your florals on the table. Or just casually leave the fruit on the tabletop itself, as if you dropped a few apples as you were cooking earlier, and they just happened to roll up next to the vase in an artful way.

thanks to a shoddy economy and increasingly fashionable foodie culture.

But a string of at-home holiday parties brings up the inevitable question of how to decorate, let alone



evolved beyond its Martha Stewart associations to a

surfacing in the homes of style-y types on interiors

and painless steps to creat-



Go for variety

Choose full blooms in a Chrismukkah appropriate colour like candy apple red or wine to serve as the main attraction of your centrepiece. And then fill it out with foliage and snowberry branches, which will conjure up images of walking through a winter wonderland on your way to a log cabin. But don't get too homey and literal. Give the arrangement some edge by throwing in unexpected colours to tilt the traditional red and green colour palette just a bit off-kilter. We opted for light violet berries.



Look beyond the table

you'd string white lights



613-828-6116

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613-878-2010



all over the house, place your holiday flowers in places other than the table to achieve that fullon merry, merry look. A few suggested locations: next to the bathroom sink. on the fireplace mantel or on top of piles of magazines or books (an excellent way to distract guests from the fact that you didn't have time to put all the clutter away).

SPECIAL INFORMATION FEATURE

Festive fun

in every sip

Try Wychwood's Bah Humbug Christmas Cheer Ale



Oh, the hustle and bustle in preparing for another hectic holiday season.

Juggling a long list of social engagements, family commitments, balancing the naughty or nice list against requests for the year's hottest "must have" gifts, the temptation to use the credit card that is already burning a hole in your pocket, all while facing a backdrop of neverending bright, shiny lights, 24-7 classic holiday TV and the barrage of unavoidable music that has been playing non-stop since October - it's no wonder some people just say "Bah Humbug!"

It's a nonsensical, gibberish catchphrase and I

Scrooge

"Bah Humbug" has become synonymous with expressing disgust in everything that is wrong with Christmas, yet old Ebenezer Scrooge only says it twice in the entire 1843 Charles Dickens classic A Christmas Carol.

have caught myself saying it, but, thankfully, some tiny magical memory of Christmas past always seems to turn things around and find me with a giant smile on my face long before the 25th ar-

This year, that smile arrived extra early when I was doing some strategic Christmas shopping at the LCBO and looked down to see a bottle of beer with

Scrooge himself staring back at me.

The Wychwood Brewery serves up its Christmas cheer with a sense of humour - in fact, everything it does is with a sense of humour. While the brewery is most famous for Hobgoblin, its "Official Beer of Halloween," it continues to deliver outstanding seasonal and specialty beers for almost all occasions.

I had the pleasure of visiting the brewery's Hobgoblin pub in Bath, England, a number of years back, and everything it brewed was playfully presented with delightful artwork and wonderful tongue-in-cheek wordplay ... but make no mistake, these guys make seriously good beers.

Bah Humbug Christmas Cheer Ale (five per cent al-



cohol by volume, LCBO 500ml \$3.50) pours a deep burnt amber with bountiful tan head.

Sweet, dessert-like aromas of fruitcake, caramel and raisins jump out of the before delicious glass tastes of plums, raisins, toffee, cinnamon, nuts, vanilla, brown sugar and bready malts dance across your taste buds. The mouth feel is evenly carbonated, mild, warming and a bit chewy with a slightly lingering oily finish. It's festive fun in every sip.

Buy local at artisan food fair

Saturday's Ottawa Locavore Artisan Food Fair is offering up delicious holiday gifts and entertainment solutions to anyone with the desire to keep it real — real local that is.

With more than 26 different vendors attending this holiday event, any gourmand interested in observing the 100-mile locavore philosophy will be spoiled. Chutneys, preserves and mustards from Mrs. McGarrigle's Fine Mustard will be available for tasting.

The vendors at Just Wing It will have the most Ottawa-sourced sauce for your meats this season, including "Just Grillin" with local maple syrup, Beau's all natural beer and mellow chipotle peppers. Other vendors will include Scratch Kitchen, Vegetarian Treasure's and Dolci Bake Shop.

Wood-fired pizzas from The Flatbread Pizza Company will be made on site. Proceeds from a silent auction will go to the School Breakfast Program. Free admission.

The Ottawa Locavore Artisan Food Fair will be held Saturday from 10 a.m. to 4 p.m. at the Crichton **Cultural Community** Centre (255 MacKay St.). For more, see O SAMANTHA EVERTS

balance rich, sweetly spiced fruit.

ottawalaff.ca

Extensive collection of seasonal sparklers, holiday cheer



Saturday is LCBO Vintages' grand finale for 2011.

There is an extensive collection of fabulous sparklers - Champagne, Crémant, Prosecco, Cava and more dessert wines, port and premium

all-Canadian



turkey dinner, choose 13th Street 'Cuvée 13' Sparkling Brut Rosé, Mission Hill 'Reserve' Pinot Noir, and Malivore Musqué Spritz.

Château Rochecolombe Côtes du Rhône 2009,

(LCBO #255034, \$14.95) A Syrah, Grenache and Mouvèdre blend laden with spiced berries, vanilla and toast.

13th Street 'Cuvée 13' Sparkling Brut Rosé,

(LCBO #147504, \$24.95) Subtle floral, berry and toast aromas, a fresh texture and fine creamy mousse.

Robert Mondavi Moscato d'Oro 2009, Napa

(LCBO #687392, \$20.95) For dessert — frizzante, balancing sweet stone fruit and tangy lime.

Viña Cobos 'Felino' Malbec 2009, Argentina (LCBO #188067, \$19.95) Lush berry fruit, intricate aroma, great balance and structure.

Terre Nere Rosso di Montalcino 2007, Italy (LCBO #249524, \$17.95) A fresh texture and ripe tannins

GRAND TOTAL: \$98.75

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323 Somerset Street (between Bank & O'Connor)

Pressed: A paradise for gourmet sandwiches



Residents of Gladstone Street woke up surprised to find Pressed, a trendy café-bistro, had popped up in their urbanite neighbourhood last week.

Jeff Stewart, a former waiter turned civil servant, quit his day job after falling for similar style restaurants in Brooklyn, N.Y.

"I saw there was a real niche for food that's casual, but higher quality in a really great environment that had all sorts of walks of life."

With thick and crusty artisan bread, sandwiches range from margherita with black olive tapenade, mozzarella and roasted tomatoes that burst with flavour to in-house smoked beef brisket.



But it's not all about sandwiches; sides like macaroni and cheese with real Quebec curds, local flank steak salad with blue cheese, and generous portions of sweet potato chili, thick with vegetables, are rave-worthy.

Go figure, Jak's Kitchen staff have done double duty to establish the menu. "We smoke the pulled pork for 12 hours so that it's so tender it just falls off the bone," says Stewart.

And for dessert, the decadent, gluten-free brownies and spiced ginger cookies do the trick.

The large space is inviting with vintage lamps and rich, wood church pews lining the booth walls. Trivial Pursuit and Archie comics sit atop some tables.

"I built the stage," Stewart says proudly. "I figure if I build it, they will come." Once his liquor licence is approved he hopes to fill the stage regularly.

"It's for people who love living in the city," says Stewart.

Their first art show is today from 7:30 to 9:30 p.m. with live music and cash bar.

Pressed is located at 750 Gladstone Ave. For more, see pressed-ottawa.com.



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Cue the crowd-pleasing casseroles

This Crab and Rice casserole is creamy, portable and feeds a crowd of 16 a hearty dinner

Many of us seem to spend the entire month of December on the move, going from one work or family gathering to another. Which means the food you make for these events needs to feed a crowd and be portable, in addition to tasting great. Enter the holiday casserole!

This multilayer dish takes the flavours of a creamy crab dip (that near ubiquitous offering at holiday gatherings) and turns it into a meal. It serves 16 as a hearty dinner, but can feed many more at a potluck, where diners tend to take smaller portions of each dish.

Preparation:

Spray a 3 L (13-by-9-inch) baking pan with cooking spray; set aside.
In food processor, pulse celery, pepper and red onion until chopped.



- In a large skillet heat oil over medium-high; add chopped vegetables, garlic, salt and pepper and sauté 3 to 4 minutes or until softened. Stir in corn and rice; then spoon into bottom of prepared baking pan.
- Crab Layer: In a bowl, stir cream cheese,

mayonnaise, milk and seasoning. Gently stir in crab and chives; spoon over rice mixture.

Topping: Return skillet to medium heat and add butter until melted; remove from heat. Add panko, paprika and salt; stir until well mixed. Sprinkle evenly over top

of crab mixture. Bake in 200 C (400 F) oven 20 minutes or until bubbly. Let rest 5 minutes before serving.

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ADAPTED FOR METRO BY EMILY
RICHARDS, PROFESSIONAL
HOME ECONOMIST, COOKBOOK
AUTHOR AND TV CHEF. FOR
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EMILYRICHARDSCOOKS.CA

Ingredients:

- · 2 stalks celery, chopped
- 1 red bell pepper, chopped
- 1 medium red onion, quartered
- 15 ml (1 tbsp) olive oil
- 1 clove garlic, minced
- 2 ml (1/2 tsp) salt, pepper
- 125 ml (1/2 cup) frozen corn kernels, thawed
- 750 ml (3 cups) cooked long-grain white rice

Crab Layer

- 500 g (1 lb) Neufchatel cream cheese, softened
- 250 ml (1 cup) mayonnaise
- 125 ml (1/2 cup) milk
- 10 ml (2 tsp) Old Bay Seasoning
- 1 kg (2 lb) lump crab meat
- 50 ml (1/4 cup) chopped fresh chives or scallions

Topping:

- 45 ml (3 tbsp) butter375 ml (1 1/2 cups) panko
- breadcrumbs
 2 ml (1/2 tsp) paprika
- 1 ml (1/4 tsp) salt



Crystal Cook and Sandy Pollock, the casserole Queens, have built their business around revamping the ultimate quick-fix dinners for modern tastes.

In The Casserole Queens Cookbook (Potter, 2011), they share updated recipes for traditional dishes such as chicken potpie, shrimp and grits, stuffed peppers, tuna noodle casserole, ham and cheese skillet casserole, and more. The Queens also provide advice on scaling and freezing casseroles, 16 pages of photos and more.



◆ Artichoke & Gorgonzola Casserole makes this an elegant yet simple dish – perfect for dinner parties

With the busy holiday season upon us, it is handy to have a simple but elegant dish ready to serve family and guests.

Using canned artichokes is a convenient and easy way to add a new vegetable idea to your repertoire and a new side dish for the hol-

Ingredients:

- 15 ml (1 tbsp) butter
- 2 red bell peppers, sliced
- 1 onion, thinly sliced
- 3 cloves garlic, minced
 45 ml (3 tbsp) chopped
- 45 ml (3 tbsp) chopped fresh Italian parsley
- 5 ml (1 tsp) dried Italian herb seasoning
- 2 cans (each 398 ml/14 oz) whole artichokes, drained and halved
- 250 ml (1 cup) 18 % table cream
- 15 ml (1 tbsp) all-purpose flour
- 90 g (3 oz) Gorgonzola cheese, cut into small pieces
- Pinch freshly ground black pepper
 Topping
- 250 ml (1 cup) fresh breadcrumbs
- 30 ml (2 tbsp) chopped fresh Italian parsley
- 30 ml (2 tbsp) butter, melted

iday table this year.

You can find canned artichokes easily in any grocery aisle of canned goods.

Preparation:

- In large non-stick skillet, melt butter over medium-high heat and cook peppers, onion, garlic, parsley and Italian seasoning, stirring frequently, for about 8 minutes or until tender crisp and becoming golden. Scrape into a shallow 2.5-l (10-cup) casserole dish. Stir in artichokes; set aside.
- 2 In same skillet, whisk together cream and flour.

Add cheese and bring to a simmer over mediumhigh heat. Whisk until Gorgonzola cheese is melted and stir in pepper. Pour over vegetable mixture.

Topping: In a small bowl, combine breadcrumbs, parsley and butter. Sprinkle over vegetables and bake in 200 C (400 F) oven for about 20 minutes or until bubbly and topping is golden. Let stand for 5 minutes before serving. THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA (ANYDAYMAGIC.CA)/ ADAPTED



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'The building phase'

• Raptors GM Colangelo preaching patience as he tries to put together a winning team

It was a familiar refrain from Bryan Colangelo.

The Toronto Raptors president and general manager said yesterday that he's feeling good about the NBA team's building blocks, has a plan in place for the future and that player development remains paramount.

But there was one noticeable tweak to his annual pre-season media availability at Air Canada Centre. Colangelo has a new term to describe his vision for a team that's coming off a disappointing 22-60 season.

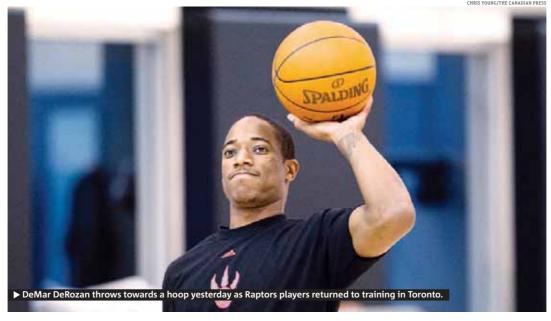
"We're not talking about rebuilding anymore," Colangelo said. "I'm stealing a line from coach (Dwane) Casey. What we're talking about now is building."

Casey, who was named head coach in June, joined the GM at the availability with new executive vice-president of basketball operations Ed Stefanski.

"It's going to be about creating a new culture, a new system, implementing that system," Colangelo said. "And again, maintaining and sticking to the plan. But we're past rebuilding, we're now in the building phase."

What remains unclear is how long the process will take.

The Raptors have a solid young nucleus that includes DeMar DeRozan, Ed Davis and Amir Johnson. They're expected to see plenty of minutes over the



shortened 66-game season. Lithuanian centre Jonas

Valanciunas, the No. 5 overall pick in last June's draft, is expected to spend the entire season in Europe. The Raptors will likely get another decent selection next spring in what should be a deep draft.

By that time, Colangelo expects to have even more cap flexibility to go with what he hopes will be a strong foundation.

"It really does lend itself to the thought that this plan is in place," he said. "We shouldn't alter that plan, we shouldn't detract from that."

Fans starved for a sniff of

Toronto plays 17 of its first 26 games on the road.

the post-season will likely have to wait at least one more year and probably longer.

The Raptors haven't made the playoffs since bowing out in the first round in 2008.

The club plays its first game Dec. 26 in Cleveland against the Cavaliers before opening their home schedule two days later against the Indiana Pacers.

Training camps and the free agency period are expected to begin Friday, pending a vote on the tentative labour agreement reached last month.

Colangelo said nine of the 10 players he has under contract are available, adding his pressing needs include a third point guard, a small forward and a couple of bigs. Forward Linas Kleiza is still recovering from knee surgery and is expected to be at least a month away from a return.

Colangelo said his players are fit, hungry and ready to give maximum effort on the court.

"You're going to see a

team that is going to fight every night and if they don't fight, they're probably not going to be playing," he said.

Colangelo added he doesn't want to put a timeline for when the team might contend in the Eastern Conference.

"There are some exciting things to look at as we're in this process," Colangelo said. "We constantly are trying to find a way to make this team better.

"That's what we've always done in our careers — all of us. This is about putting together a championship team."

THE CANADIAN PRESS

sports

Senators preview

Ottawa at New Jersey 7 p.m. TV: SNET



Ottawa (13-12-3) travels to New Jersey (13-12-1) for its second game in two nights. Martin Brodeur led the Devils out of their four-game losing skid with 29 saves in a 3-2 overtime victory against Toronto on Tuesday. David Clarkson scored twice, including the game-winner Adam Henrique is on a sixgame point streak, with two goals and five assists, while Zach Parise and Ilya Kovalchuk both appear to be finding their game after slow starts with five-game point streaks. THE CANADIAN PRESS

MLB buzz still centred around Marlins

Albert Pujols will get a huge contract, there's no doubt. But the team that will sign the three-time NL MVP remains unclear.

Will it be St. Louis, the team he's helped to two World Series titles?

The new-look Miami Marlins, whose newfound riches from their new ballpark are dominating the free-agent market?

The Los Angeles Angels, until now in the back-ground?

Miami was the talk of

\$58M The Miami plucked another free agent prize yesterday, reaching a deal with four-time all-star pitcher Mark Buehrle for \$58 million US over four years.

the winter meetings in Dallas yesterday, with teams wondering how close they were to an agreement with Pujols on a deal that could be worth \$200 million US or more over 10 years. St. Louis said it made a new offer Tuesday to keep Pujols. Agents said they had heard the Angels were bidding, too. Big spenders such as the New York Yankees and Boston Red Sox were reduced to spectators.

"They have a new stadium. They're excited about it, and it's good for baseball," Yankees manager Joe Girardi said of the Marlins. "Our roster is pretty set."

Shortstop Jose Reyes' \$106-million, six-year contract was finalized yesterday, a deal that pays him \$10 million in each of the next two seasons, \$16 million in 2014 and \$22 million in each of the final three years. Miami has \$22 million option for 2018 with a \$4 million buyout.

"It's a perfect situation in Miami," Reyes said. "We have a lot of talent there and the new stadium ... close to Dominican, a lot of Spanish people there, so I think I'm going to like it and enjoy it as much as I Can." THE ASSOCIATED PRESS





NATIONAL HOCKEY LEAGUE

EASTERN CO	ONFER	EN	CE									
	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	St
d-Pittsburgh	28	16	8	2	2	86	69	36	8-2-2-0	8-6-0-2	5-4-1-0	
d-Boston	26	17	8	0	1	89	54	35	10-5-0-1	7-3-0-0	8-1-0-1	
d-Florida	27	15	8	1	3	78	69	34	6-2-1-3	9-6-0-0	6-3-1-0	V
NY Rangers	24	15	6	1	2	71	55	33	7-2-0-1	8-4-1-1	7-3-0-0	
Philadelphia	25	15	7	2	1	90	73	33	6-4-1-1	9-3-1-0	7-3-0-0	٧
Toronto	28	15	10	2	1	89	90	33	6-4-2-1	9-6-0-0	5-4-1-0	
Buffalo	26	14	11	0	1	72	69	29	6-8-0-1	8-3-0-0	4-5-0-1	V
Ottawa	27	13	11	2	1	83	91	29	7-4-0-1	6-7-2-0	6-2-2-0	V
Winnipeg	27	12	11	3	1	77	83	28	8-4-0-0	4-7-3-1	7-2-1-0	V
Montreal	28	11	11	2	4	69	72	28	4-5-2-3	7-6-0-1	2-4-2-2	
Washington	26	13	12	0	1	79	84	27	9-4-0-1	4-8-0-0	3-7-0-0	
New Jersey	26	13	12	0	1	65	74	27	5-4-0-1	8-8-0-0	5-5-0-0	٧
Tampa Bay	27	11	14	0	2	70	89	24	7-4-0-0	4-10-0-2	3-7-0-0	
NY Islanders	25	9	11	3	2	57	79	23	6-6-2-0	3-5-1-2	5-3-1-1	V
Carolina	29	8	17	2	2	72	101	20	5-9-0-2	3-8-2-0	2-8-0-0	
WECTERNIC	ONEE	SEN	-									

WESTERN CONFERENCE

	GP	w	ì	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
			-									
d-Minnesota	28	18	7	2	1	71	61	39	10-4-1-0	8-3-1-1	9-1-0-0	W5
d-Chicago	28	16	8	1	3	93	88	36	8-2-0-3	8-6-1-0	5-4-0-1	L1
d-Phoenix	27	15	9	1	2	74	67	33	7-5-1-1	8-4-0-1	6-4-0-0	W2
Detroit	26	16	9	1	0	77	59	33	10-2-1-0	6-7-0-0	7-3-0-0	L2
Vancouver	27	16	10	0	1	89	67	33	8-4-0-1	8-6-0-0	8-2-0-0	W2
St. Louis	27	15	9	0	3	66	60	33	9-3-0-1	6-6-0-2	6-2-0-2	W1
Dallas	26	15	10	0	1	69	72	31	9-4-0-1	6-6-0-0	4-5-0-1	L1
Los Angeles	27	13	10	2	2	62	61	30	8-7-0-1	5-3-2-1	5-4-1-0	L2
San Jose	24	14	9	1	0	68	58	29	7-6-1-0	7-3-0-0	5-5-0-0	L2
Edmonton	27	13	11	0	3	76	71	29	7-4-0-2	6-7-0-1	4-5-0-1	L1
Nashville	27	12	11	3	1	70	74	28	4-5-2-1	8-6-1-0	3-6-1-0	L2
Colorado	28	13	14	1	0	75	84	27	7-9-0-0	6-5-1-0	5-5-0-0	L1
Calgary	27	12	13	1	1	67	78	26	6-5-1-1	6-8-0-0	5-4-0-1	W1
Anaheim	27	8	14	2	3	63	89	21	6-9-1-0	2-5-1-3	2-6-1-1	W1
Columbus	27	8	16	0	3	65	90	19	5-7-0-1	2-9-0-2	5-5-0-0	W1
d — division loadors	ranko	d 1_2	-2 m	nard	loce	of no	inter	toon	n winning i	n ovortim	or shooto	ut ic

credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results Washington at Ottawa Philadelphia at Buffalo

Carolina at Edmonton Tuesday's results

New Jersey 3 Toronto 2 (OT) Winnipeg 2 Boston 1 Calgary 7 Carolina 6 Vancouver 6 Colorado 0 Columbus 3 Montreal 2 (SO)

St. Louis 3 Detroit 2 Anaheim 3 Los Angeles 2 Minnesota 2 San Jose 1

N.Y. Islanders 5 Tampa Bay 1 Phoenix 3 Nashville 2

Tonight's games All times Eastern

Florida at Boston, 7 p.m Ottawa at New Jersey, 7 p.m. Chicago at N.Y. Islanders, 7 p.m. Tampa Bay at N.Y. Rangers, 7 p.m. Pittsburgh at Philadelphia, 7 p.m. Nashville at Columbus, 7 p.m. Vancouver at Montreal, 7:30 p.m. Phoenix at Detroit, 7:30 p.m. Anaheim at St. Louis, 8 p.m. Colorado at Calgary, 9 p.m. Minnesota at Los Angeles, 10:30 p.m. Dallas at San Jose, 10:30 p.m.

Tomorrow's games

Toronto at Washington, 7 p.m Florida at Buffalo, 7:30 p.m. Carolina at Winnipeg, 8:30 p.m. Colorado at Edmonton, 9:30 p.m.

LATE TUESDAY

CANUCKS 6. AVALANCHE 0

First Period

1. Vancouver, D.Sedin 10 (Burrows, H.Sedin) 3:19 **Penalties** — Porter Col (kneeing major, game misconduct) 10:55, Kesler Vcr (goaltender in terference) 17:23.

Second Period 2. Vancouver, Hansen 8 (Bieksa, Hodgson) 6:53 **Penalties** — Edler Vcr (holding) 11:49, Hamhuis Vcr (boarding) 13:05, Galiardi Col

Third Period

3. Vancouver, D.Sedin 11 (H.Sedin, Hamhuis) 5:15 4. Vancouver, Hansen 9 (Edler, Ballard) 5:49 5. Vancouver, D.Sedin 12 (Burrows, H.Sedin) 7:08 6. Vancouver, Edler 4 (Hodgson, Schneider)

Penalties — McClement Col (holding the stick) 2:46, Quincey Col, Burrows Vcr (roughing) 4:51, Quincey Col (double roughing), Lapierre Vcr (roughing), Weise Vcr (misconduct) 8:27, Bieksa Vcr (roughing) 11:12, Landeskog Col (high-sticking) 11:59, O'Brien Col (fighting), Kobasew Col (misconduct), Oreskovich Vcr (fighting, holding), Lapierre Vcr (misconduct) 14.46

Vancouver		6	6	11	-23				
Goal (shots-	saves) — Colo	rado	: Va	rlamo	v (L,9-				
11-1)(21-15)	, Giguere (9:4	0 thi	rd;	2-2); \	/an-				
couver: Luongo (W,9-6-1) (13-13), Schneider									
(3:48 second	20-20). Pow	er pla	ays	(goals	-				
chances) — (olorado: 0-5;	Vanc	ouv	er: 1-!	5.				
Attondance	10 0/0 /10	0401	-41						

LATE TUESDAY

DUCKS 3, KINGS 2

First Period Anaheim, Ryan 8 (Selanne) 7:59
 Anaheim, Perry 12 (Getzlaf, Beleskey) 17:37 Penalties - None.

Second Period

W2

W2

L1

W1

L5

3. Los Angeles, Voynov 4 (Penner, Kopitar) 19:44 Penalty — Doughty LA (tripping) 14:29. Third Period

4. Los Angeles, Williams 4 (Stoll) 8:50 5. Anaheim, Ryan 9 (Selanne) 19:11

Penalties — Hagman Ana (interference) 0:39, Penner LA (slashing) 4:06, Lydman Ana (inter ference) 13:46.

Shots on goal Los Angeles Anaheim Los Angeles 8 8 23 Anaheim 7 12 8 Goal — Los Angeles: Quick (L,11-7-4); Anaheim: Hiller (W,7-11-5). Power plays (goals-chances) — Los Angeles: 0-2; Anaheim: 0-2. Att. — 14,419 (17,174) at Anaheim, Calif.

WILD 2, SHARKS 1

First Period

1. San Jose, Pavelski 12 (Boyle) 1:00 2. Minnesota, Koivu 5 (Heatley, Wellman) 17:41 3. Minnesota, Bouchard 5 (Koivu, Spurgeon)

— Almond Min (double high-sticking) 10:45, Mitchell SJ (tripping) 19:11. Second Period — No Scoring

Penalty — Heatley Min (boarding) 18:08. Third Period — No Scoring.

Penalty — Marleau SJ (boarding) 8:17

10 6 5 -21 23 10 9 -42 Minnesota San Jose Goal (shots-saves) - Minnesota: Harding (8-7), Hackett (W,1-0-0)(1:11 first)(34-34); San

Jose: Niemi (L,10-5-1). Power plays (goalschances) - Minnesota: 1-2: San Jose: 0-3. **Att.** — 17,562 (17,562) at San Jose, Calif

SCORING LEADERS

	G	A	P
Kessel, Tor	17	18	35
D.Sedin, Vcr	12	21	33
Toews, Chi	17	15	32
Giroux, Pha	15	17	32
Lupul, Tor	13	19	3
Stamkos, TB	16	14	31
P.Kane, Chi	8	22	31
H.Sedin, Vcr	8	22	31
Nugent-Hopkins, Edm	12	17	29
Weiss, Fla	11	18	29
Fleischmann, Fla	12	16	28
Versteeg, Fla	12	16	2
Eberle, Edm	10	18	28
Sharp, Chi	13	14	27
Vanek, Buf	12	15	27
Backstrom, Wash	9	18	2
Pominville, Buf	9	18	2
Selanne, Ana	9	18	2
Franzen, Det	13	13	20
Smyth, Edm	12	14	26
Ma.Hossa, Chi	11	15	26
Kopitar, LA	10	16	26
Neal, Pgh	14	11	2!
Seguin, Bos	13	12	2!
Spezza, Ott	9	16	25
Vrbata, Phx	13	11	24
Ra.Whitney, Phx	10	14	24
Malkin, Pgh	9	15	24
Datsyuk, Det	8	16	2
Perry, Ana	12	11	23
Skinner, Car	11	12	23
Last night's games not inc	hohul		

NFL

AMERICAN CONFERENCE

	W	L	Т	Pct	PF	P/
New England	9	3	0	.750	362	24
N.Y. Jets	7	5	0	.583	290	26
Buffalo	5	7	0	.417	278	304
Miami	4	8	0	.333	246	22
SOUTH						
	W	L	Т	Pct	PF	P/
Houston	9	3	0	.750	310	18
Tennessee	7	5	0	.583	249	22
Jacksonville	3	9	0	.250	152	23
Indianapolis	0	12	0	.000	174	35
NORTH						
	W	L	Т	Pct	PF	P/
Baltimore	9	3	0	.750	296	19
Pittsburgh	9	3	0	.750	268	19
Cincinnati	7	5	0	.583	266	25
Cleveland	4	8	0	.333	175	24
WEST						
Denver	7	5	0	.583	256	29

5 7 0 5 7 0 .417 163 268 NATIONAL CONFERENCE

San Diego

EAST						
	W	L	T	Pct	PF	PA
Dallas	7	5	0	.583	283	244
N.Y. Giants	6	6	0	.500	287	315
Philadelphia	4	8	0	.333	271	282
Washington	4	8	0	.333	202	256
SOUTH						
	W	L	T	Pct	PF	PA
New Orleans	9	3	0	.750	393	269
Atlanta	7	5	0	.583	269	244
Carolina	4	8	0	.333	290	324
Tampa Bay	4	8	0	.333	218	329
Tampa Bay NORTH	4	8	0	.333	218	329

y-Green Bay	12	0	0	1.000	420	262
Detroit	7	5	0	.583	333	277
Chicago	7	5	0	.583	291	242
Minnesota	2	10	0	.167	246	330
WEST						
y-San Francisco	10	2	0	.833	288	161
C441-	_	7	0	417	21/	240

eattle 5 7 0 .417 216 24 Arizona 5 7 0 .417 232 24 At. Louis 2 10 0 .167 140 24	61
	46
t Louis 2 10 0 167 140 20	69
2 10 0 .10/ 140 2	96
y-clinched division	

WEEK 14

All times Eastern Cleveland at Pittsburgh, 8:20 p.m.

Sunday's games New Orleans at Tennessee, 1 p.m.

Indianapolis at Baltimore, 1 p.m. Kansas City at N.Y. Jets, 1 p.m. Minnesota at Detroit, 1 n.m. Houston at Cincinnati, 1 p.m. Tampa Bay at Jacksonville, 1 p.m. Atlanta at Carolina, 1 p.m. Philadelphia at Miami, 1 p.m. New England at Washington, 1 p.m. San Francisco at Arizona, 4:05 p.m. Chicago at Denver, 4:05 p.m. Buffalo at San Diego, 4:15 p.m. Oakland at Green Bay, 4:15 p.m. N.Y. Giants at Dallas, 8:20 p.m.

Monday's game St. Louis at Seattle, 8:30 p.m.

SOCCER

EUROPEAN CHAMPIONS LEAGUE

(Home teams listed first; x - advances)

FIRST ROUND

	GP	W	D	L	GF	GΑ	Pt
x-Bayern Munich	6	4	1	1	11	6	1
x-Napoli	6	3	2	1	10	6	1
Manchester City	6	3	1	2	9	6	1
Villarreal	6	0	0	6	2	14	
Yesterday's resu	lts						
Manchester City (Eng.)	2 B	ayeı	n N	lunic	h (Ge	r.)

Villarreal (Spain) 0 Napoli (Italy) 2 GROUP R

	GP	VV	υ	L	GF	GA	Pts
x-Inter Milan	6	3	1	1	7	5	10
x-CSKA Moscow	6	2	2	2	9	8	7
Trabzonspor	6	1	4	1	3	5	7
Lille	6	1	3	2	6	6	6
Yesterday's resu	lts						
Lillo (Franco) O Tr	ahzo	nen	or C	Turl	(vov)	n	

Inter Milan (Italy) 1 CSKA Moscow (Russia) 2

GROUP C

.583 274 308

417 287 289

	GΡ	vv	υ	L	Gr.	GΑ	PUS
x-Benfica	6	3	3	0	8	4	12
x-FC Basel	6	3	2	1	11	10	11
Manchester United	6	2	3	1	11	8	9
Otelul Galati	6	0	0	6	3	11	0
v-advancos							

Yesterday's results

FC Rasel (Switz.) 2 Manchester United (Eng.) 1 Benfica (Port.) 1 Otelul Galati (Romania) 0 GROUP D

	GP	W	D	L	GF	GΑ	Pt
x-Real Madrid	6	6	0	0	19	2	1
x-Lyon	6	2	2	2	7	7	
Ajax	6	2	2	2	6	6	
Dinamo Zagreb	6	0	0	6	3	22	
Vostorday's rosi	ılte						

Dinamo Zagreb (Croatia) 1 Lyon (France) 7 Ajax (Netherlands) 0 Real Madrid (Spain) 3

GROUP E

	GΡ	W	D	L	GF	GΑ	Pt
x-Chelsea	6	3	2	1	13	4	1
x-Bayer Leverkusen	6	3	1	2	8	8	1
Valencia	6	2	2	2	12	7	
Genk	6	0	3	3	2	16	
Total administration							

Tuesday's results Chelsea (England) 3 Valencia (Spain) 0

Genk (Belg.) 1 Bayer Leverkusen (Germany) 1 GROUP F

GP W D L GF GA Pts 6 3 2 1 7 6 11 6 3 1 2 7 4 10 6 3 0 3 8 6 9 d 6 1 1 4 6 12 4 x-Arsenal x-Marseille Olympiakos 6 3 0 3 8 6 Borussia Dortmund 6 1 1 4 6 12

Tuesday's results Olympiakos (Greece) 3 Arsenal (England) 1 Borussia Dortmund (Ger.) 2 Marseille (Fra.) 3

GROUP G

	GP	W	D	L	GF	GA	Pt
x-APOEL	6	2	3	1	6	6	
Zenit St. Petersbur	g 6	2	3	1	7	5	9
FC Porto	6	2	2	2	7	7	8
Shakhtar Donetsk	6	1	2	3	6	8	
Tuesday's results							

FC Porto (Port.) 0 Zenit St. Petersburg (Ukr.) 0 APOEL (Cyprus) 0 Shakhtar Donetsk (Rus.) 2 **GROUP H**

x-Barcelona 6 5 1 0 20 4 16 6 2 3 1 11 8 9 6 1 2 3 4 11 5 6 0 2 4 2 14 2 x-AC Milan Viktoria Plzen BATE Borisov

Tuesday's results Barcelona (Spain) 4 BATE Borisov (Belarus) 0 Viktoria Plzen (Czech) 2 AC Milan (Italy) 2

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE

BALTIMORE ORIOLES—Named DeMarlo Hale third base coach and Bill Castro bullpen coach.
MINNESOTA TWINS—Agreed to terms with RHP Matt Capps on a one-year contract. TAMPA RAY RAYS—Announced the retirenent of special assistant Andres Reiner.

NATIONAL LEAGUE

COLORADO ROCKIES—Traded RHP Huston Street and cash to the San Diego for a player

MIAMI MARLINS—Agreed to terms with SS Jose Reyes on 6-yr contract & LHP Mark Buehrle. PITTSBURGH PIRATES—Agreed to terms with LHP Erik Bedard & OF Nate McLouth on 1-yr contracts. Agreed to terms with C Jose Morales on minor league contract. Designated C Jason Jaramillo & INF Pedro Ciriaco for assignment. SAN FRANCISCO GIANTS—Acquired OF Angel Pagan and a player to be named or cash from the New York Mets RHP Ramon Ramirez and OF Andres Torres.

FOOTBALL

EDMONTON ESKIMOS—Signed DB Delroy Clarke and RB/KR Hugh Charles.

CINCINNATI BENGALS—Placed DT Pat Sims on injured reserve. Signed DT Nick Hayden. Re-leased DT Cornell Banks from the practice squad. Signed DT Swanson Miller to the prac-tice squad. GREEN BAY PACKERS—Signed QB Graham

Harrell from the practice squad. Placed TE Andrew Quarless on injured reserve. Signed G Jake Vermiglio to the practice squad. HOUSTON TEXANS—Signed QB Jeff Garcia and P Matt Turk

NEW ENGLAND PATRIOTS—Signed WR Dorin Dickerson to the practice squad. NEW YORK GIANTS—Placed OT Stacy Andrews on injured reserve. Signed OL Tony Ugoh. Terminated the practice squad contract of QB Ryan Perrilloux. Re-signed OL Selvish Capers to the practice squad. OAKLAND RAIDERS—Signed RB Lonyae Miller & LB Carl Ihenacho to practice squad.

ST. LOUIS RAMS—Signed CB Chris Smith from the practice squad. Released CB Nate Ness. Signed RB Chase Reynolds and QB Matt Gutierrez to the practice squad. SAN DIEGO CHARGERS—Placed DE Luis

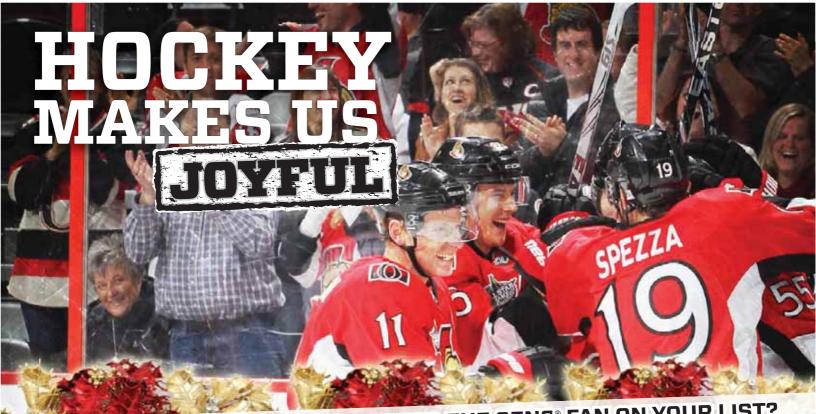
Castillo on injured reserve. Signed LB Nate Triplett to a two-year contract. Signed DE Damik Scafe to the practice squad.

HOCKEY

NHL

LEAGUE OFFICE—Suspended Dallas D Mark Fistric, without pay, for 3 games for charging N.Y. Islanders E Nino Niederreiter during Dec. game COLUMBUS BLUE JACKETS—Named Craig Patrick senior advisor of hockey operations FLORIDA PANTHERS-Acquired F Krys Barch & 2012 6th-round draft pick from Dallas for F Jake Hauswirth & 2012 5th-round draft pick. Assigned F Bracken Kearns to San Antonio (AHL). ST. LOUIS BLUES—Assigned F Evgeny Grachev





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OTTAWA CITIZEN





• GM Shero says star centre will miss two games 'as a precaution' after taking hard hit in Monday's loss to Boston

Just the news the Pittsburgh Penguins dreaded -Sidney Crosby is back on the sidelines.

Only this time, the Penguins insist their superstar will miss two games strictly for precautionary reasons and not because of a recurrence of the concussion that forced him to sit out 61 games over two seasons.

Crosby took part in a full practice yesterday, but did not accompany the Penguins on a road trip for games tonight at Philadelphia and Saturday at the New York Islanders. The next time he could play would be Tuesday at home against Detroit.

A hard hit in the Penguins' 3-1 loss Monday to



Boston — the team did not specify which one it was led to the decision to sit Crosby again. Early in the

game, Crosby was seen with what appeared to be redness on his face, possibly the result of a hit.

"Sidney took a hard hit during our game against Boston Monday night and wasn't feeling 100 per

Kunitz collision

Crosby and teammate Chris Kunitz collided knee-onknee during the third period against Boston Monday and Crosby went to the bench doubled over in

Crosby returned after several minutes. The Penguins did not confirm it was the hit in question.

cent," Penguins general manager Ray Shero said in a statement issued late yesterday afternoon. "He saw Dr. Mickey Collins of UPMC today and took an ImPACT (neurocognitive) test. which showed no prob-

lems. However, we all think it's best that he sits out the next two games as a precaution."

The ImPACT test — designed by Pittsburgh-based researchers, including Collins — measures a person's cognitive and memory skills before and after a concussion. The test is widely used by multiple pro sports leagues and teams to determine when a player is ready to return to game action.

Crosby was administered the test periodically while he was sidelined with a concussion from Jan. 6 until Nov. 20 — one that resulted from hard hits in successive games Jan. 1 and 5. THE CANADIAN PRESS

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PERSONALS

Missed Connections

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Crossword

12

15

18

24

131

34

47

54

Across 1 Get well

- 5 Start over 9 Dandy
- 12 Pelvic hones
- 13 On
- 14 "I Camera"
- 15 Mask
- 17 Back talk 18 Advertising sec-
- tion
- 19 Selassie worshipper
- 21 B&O. for ex.
- 22 Dodge
- 24 and crafts 27 Hearty brew
- 28 Sandwich treat 31 Round Table ad-
- dress
- 32 60 sec 33 Mischievous tyke
- 34 First course, often
- 36 Peculiar 37 Touch
- 38 Obliterate
- 40 Yours truly
- 41 Earring locations
- 43 Random drawing?
- 47 Lubricate 48 HBO's vampire se-
- 51 Wilde-beest
- 52 Greek vowel
- 53 Radius neighbor 54 — out a living
- 55 Coral structure

56 Appear Down

- 1 Stereo setup
- 2 Verve
- 3 Has a bug 4 "Star Wars" weaponry

- 5 Huck's transport 6 Schedule abbr.
- 7 Elmer, to Buas

42

- 8 "Tosca," e.g. 9 It barely connects to
- the sternum
- 10 Leave out
- 11 One of the Three Bears
- 16 Mess up
- 20 Commotion 22 Skip a phoneme
- 23 Sell
- 24 Fool
- 25 Carnival city 26 Loyal to the end

27 Andy's old radio

35

39

48 49

52

55

38

- 29 Ostrich's kin
- 30 Make up your
- 35 Opposite of "post-

13

27

32

36

22 23

43

50

16

- winds

- 43 Unwilling to listen

37 Greek god of the

- 39 Moving about 40 Flash -
- 41 Theater box
- 42 Sty cry
- 44 Apportion (out)
- 45 Unrivaled

pens today will at first look like a

Mr Virgo Aug. 24- Sept. 22 Stay calm, be patient and don't try to force the pace over the next 24 hours. You may have to wait for

M Scorpio Oct. 24-Nov. 22

There is no point getting worked up if a colleague does a poor job of what he or she is working on.

Sudoku

10

30

29

14

17

33

19 20

28

53

56

46 Cheese choice

49 Shad product

50 Salt Lake athlete

➤ Yesterday's answer

	9		8		2		6	
		4	5		7	1		
8								4
		7		1		6		
5								8
		8		6		9		
1								5
		6	3		4	2		
	5		2		1		7	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's	answer 🕨	

1	3	6	5	4	7	8	2	9
9	2	4	3	8	6	5	1	7
8	7	5	9	2	1	6		4
6	5	3	2	9	4	7	8	1
2	4	1	7	6	8	3		
7	9	8	1.	5	3	2	4	6
5	.1.	7	8	3	9	4	6	2
4	8	2	6	1	5	9	7	3
3	6	9	4	7	2	1	5	8
					- 17			

Send a

You can now post your kiss, and read even more kisses. at metronews.ca/kiss.

Muffin, I love you with all my heart, even more when we are apart. I want you to know that from the very start of my day until I close my eyes at night you are who I think about! You are my true soul mate, and I think it was fate that we met 10 yrs ago, and it's love, respect, communicatio n and our friendship that has kept us together. I hope we can spend the rest of our lives in each others arms. I Love you Xoxo PIE

can't eat, Maybe my life would be complete if you let me spend it with you from making up my mind! Sent vou a message, look. Sweetly caring! Secret wish for you to show up at my door. Hold me, please and thank you. Totally understand, if nothing comes of this. I am strong been thru enough to not let negatives get me down. CAN'T SLEEP





Know what the weather will be 14 days from now. Check the 14 day trend

TWN incorporates MSC data

Today's horoscope

T Aries March 21-April 20 Do something meaningful today. something that makes a difference

in your corner of the world.

Taurus April 21-May 21 You may be eager to push ahead with a new plan or project but wait until Saturday's eclipse has passed. II Gemini May 22-June 21 The

straightest route to your destination may not be the best one. Gancer June 22-July 22 You

could come into a sum of money today, and it's just as possible that you could lose it. Either way, don't take material things too seriously.

Ω Leo July 23-Aug. 23 What hanchallenge and then like an opportunity. Get competitive.

those who think slowly to catch up. **≃ Libra Sept. 23-Oct. 23** If you upset someone in a position of ower, make sure vou apologize.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

₹ Sagittarius Nov. 23-Dec. 21 Bide vour time today. Let others

make the first move. Nothing is so urgent that it must be done now. 7 Capricorn Dec. 22-Jan. 20

Try not to get caught up in the hysteria that seems to be making the rounds at the moment. Stay calm. Aquarius Jan. 21-Feb. 18

A little bit of modesty will go a long way over the next 24 hours. H Pisces Feb. 19-March 20. You may be tempted to cut corners and hope that no one notices. They most likely will, leading to embar-





Write a funny caption for the image above and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro.



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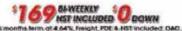
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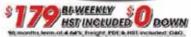
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